

Subject Intentions



READING IS POWER

Reading in our Curriculum



Year 7

- **Autumn Term**
- H/T 1: BAME athletes and equality in sport.
- H/T 2: Can football headers lead to dementia?
- **Spring Term**
- H/T 3: The mechanics of table tennis.
- H/T 4: Handball positions explained.
- **Summer Term**
- H/T 5: The 6 basic tennis strokes explained.
- H/T 6: Crickets basic rules and positions.

Theme:
**Equality/
Skills**

Year 8

- **Autumn Term**
- H/T 1: Building shots in badminton.
- H/T 2: Football tactical analysis (Liverpool & England Lionesses).
- **Spring Term**
- H/T 3: Table tennis tactics **OR** Handball tactical analysis.
- H/T 4: Handball tactical analysis **OR** Attacking movement in netball.
- **Summer Term**
- H/T 5: Cricket Tactics.
- H/T 6: Tennis Tactical & strategical analysis.

Theme:
**Tactics/
Strategies**

Year 9

- **Autumn Term**
- H/T 1: What is performance analysis in sport?
- H/T 2: Fostering strong relationships between coaches and athletes.
- **Spring Term**
- H/T 3: Why veterans make for great sports coaches.
- H/T4: How to use video analysis to improve sporting performance.
- **Summer Term**
- H/T 5: A coaching philosophy.
- H/T 6: The fitness coach.

Theme:
**Coaching/
Analysis**

Year 10

- **Autumn Term**
- H/T 1: Teenagers and body image.
- H/T 2: The costs of a Marvel body and the pressures it places on men.
- **Spring Term**
- H/T 3: How fashion pressures our sense of self/Missguided celebrates 'flaws'.
- H/T4: Why don't men talk about body image?
- **Summer Term**
- H/T 5: 'It's OK not to be OK.' What it means and why it's normal.
- H/T 6: The loneliness of an interrupted adolescence.

Theme:
**Body Image &
Mental Health**

Year 11

- **Autumn Term**
- H/T 1: The first trans boxer.
- H/T 2: Childhood obesity costing the NHS.
- **Spring Term**
- H/T 3: Why gender equal pay is so hard to achieve in sport.
- H/T4: Using Paralympic pain to conquer body image issues.
- **Summer Term**
- H/T 5: Food and mood: how do diet and nutrition affect mental wellbeing?

Theme:
**Sport &
Society**