



# HILLSIDE HIGH SCHOOL

WADE DEACON TRUST

## End of term Friday 21st July finishing times

Year 7—11:30am  
Year 8—11:50am  
Year 9—12.00 noon  
Year 10—11:40am

Friday 14th July 2023

### Dear Parents/Guardians,

This newsletter is a real celebration of the amazing things which go on at Hillside. Year 11 Prom is a particular highlight of the school year and it is my pleasure to share just some of the amazing photos from the evening.

As a school we really do appreciate the cost of living crisis is making times hard for many of our families, so please take Mrs Banks' up on the offer of collecting sanitary products from school. As she says we receive these free of charge and are keen to support our families by passing them on to you. This can be sorted discreetly and will hopefully help families a little as we start the summer holidays and all the costs associated with this.

It has been a pleasure to see Mr Gibaud launch our BIG reading list in assemblies this week. Please ask your child what book we have recommend for them to read over the summer and either purchase via us for a discounted rate or encourage them to borrow a copy from our Learning Resource Centre. I look forward to celebrating all our amazing readers when we return in September.

**Amanda Ryan, Principal**

## Year 11 Prom

Year 11 Prom was an incredible evening commemorating the end of an era for the Class of 2023. What a great turnout for prom with many pupils as well as staff attending. The Isla Gladstone was beautifully decorated and all of our pupils looked absolutely stunning in their prom outfits, we could tell how much effort they put into it all! It was amazing to see everyone together, buzzing and enjoying themselves. Speeches were delivered by I and Mrs Wardale and prizes were awarded. Categories included Class Clown, Biggest Drama and the one everyone was waiting for... Prom Royalty! Congratulations to Evie Duff & Charlie Dawber for winning our most prestigious award! All in all, it was a lovely evening enjoyed by those who attended. Everyone here at Hillside would like to wish Year 11 all the best of luck! We miss you all so much!

### Hillside High School

Uniform Price List 2023

**10% off Blazer and Kilt  
Price until 31<sup>st</sup> July 2023**

Blazer	From £30.99
Jumper	From £16.00
Cardigan	From £17.00
Tie	£6.00
Girls Kilt	From £24.00
Girls PE Top	From £16.99
Girls PE Short	£9.99
Boys PE Top	From £16.99
Boys PE Short	£5.99
Dance/Drama T-Shirt	£9.99
PE Socks	£5.50

Uniform and PE Kit available to purchase from

### Paul Place Schoolwear

272 Stanley Road  
Bootle  
L20 3ER  
Tel: 0151 922 2472

OR Shop Online: [www.alphaschoolwear.com](http://www.alphaschoolwear.com)

Offers only available in store



Miss Yusuf



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## Fantastic Young Volunteer!

One of our pupils Esmae Hough has been amazing helping in the evening to support youth provision sessions and has shown so much hard work and dedication to Litherland Youth & Community Centre.

She has been very busy taking the time to set up activities for Year 5 Children including bingo, arts and crafts, a football tournament and helping in the coffee bar!

Well done Esmae keep up the good work!



## LFC Inspires Celebration Event

On Thursday 6th July, three of our Year 8 boys were involved in a celebration event at the Etihad for their participation in the 'Inspires' project. The event was hosted by Liverpool FC, Manchester City FC and the Premier League as a celebration of projects based around sustainability. Our school was chosen by Liverpool FC to represent Anfield at the event which included all Premier League clubs from the Northwest. The boys have been working on a project to raise awareness of plastic pollution and are in the middle of creating an outcome to showcase at Anfield and at Hillside. All of the pupils represented Hillside perfectly and were confident enough to be interviewed by an official from the Premier League to talk about the project and the skills it has helped them to develop. Another success for Hillside.

*Mr Smith*



## PD Drop Down



On Wednesday 12<sup>th</sup> July, Hillside had its third whole school drop down day based on future life skills. This was in response to pupils requests in School Council and aimed to provide pupils with an understanding of Careers, Employability, Finance, Neurological conditions and relationships. The day consisted of classroom-based sessions where pupils from years seven to ten discussed pressures in their relationships, career choices, Neuro-diversity and CV writing. We also had the LFC foundation in school delivering a workshop on employability to demonstrate transferable skills to pupils and raise awareness of future opportunities. The day was a success with pupils leaving with more information than they had before, about their futures. The day was originally requested by our school council and pupils really engaged with the themes throughout the day. We even had some breakout sessions where a cohort of Year 10 pupils learned about the NHS employment opportunities and KS3 classes were able to visit local employers and colleges in drop-in sessions in our LRC.

*Mr Smith*



## Come and Help Yourself!

We are very lucky to be given a large budget in which to purchase sanitary towels. These are of no cost whatsoever to Hillside.

Please see attached photo and we have lots more beside these.

If you would like some packs to be sent home then please tell your child to speak to Mrs Banks in pupil support who will happily parcel some up.

You can also call Mrs Banks if you would like to collect them yourself



### Key Dates 2023 for Year 6

**24th-28th July—Summer School**

**Don't forget to book your 1-2-1 meeting with Mrs Ryan and Mrs Phillips. Please contact [admin@hillsidehigh.co.uk](mailto:admin@hillsidehigh.co.uk)**

### RE-CYCLE YOUR OLD UNIFORM

*We are always grateful for donations of good quality uniform including PE and Drama kits.*

*Also, if you have any no longer required text books, we can re-cycle those too.*



**Pride In Hillside**

PIC-COLLAGE

### Key Dates 2023

**19th & 20th July—School Production Matilda**

**21st July—Last day of Term**

**24th August—Year 11 Results Day**

## Town Hall Council Chambers

On Thursday 6th July, two of our Year 7 pupils, Sidra and Lucas, went over to the Town Hall Council Chambers to present to the Lord Mayor, local councillors and other schools in the Strand partnership, on Hillside's Online Safety provision. The pupils represented our school perfectly and confidently articulated the different strategies that Hillside use to keep our children safe online. These pupils exemplify the 'Hillside Way' and gained valuable experience in public speaking, demonstrating their confidence and communication skills perfectly in front of a room full of adults and children from our community. A massive well done to them both and an excellent demonstration of our School Council system in full flow.

*Mr Smith*





- Bag**
- Pen & Pencil**
- Pencil case**
- Ruler**
- Timetable**
- Calculator**
- Drama / PE Kit**
- Water bottle (clearly labelled)**

# Safeguarding, Emotional Wellbeing and Mental Health

## Reading is Power!

This week we have introduced pupils in all year groups to our 2023-2024 reading lists. At Hillside, we firmly believe that academic success relies on becoming a successful reader. Also, personal wellbeing is greatly improved by enjoying brilliantly written and diverse stories. We have therefore curated a list of high-quality fiction and non-fiction books for each year group, and pupils have been challenged to read one of these texts in each term and one during the summer holidays. Prizes and rewards are on offer for those who successfully complete the book quizzes each term. Pupils will be given the chance to loan a copy of the books from our Learning Resource Centre; we are also encouraging parents and guardians to purchase a discounted copy of each book using our reading list purchase form which is to be given out in assemblies. Let's get reading!



*Mr Gibaud*

## Thought for the Week



## Jump Back Up July 2023

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	7 Shift your mood by doing something you really enjoy
8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation	14 Get outside and move to help clear your head
15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself	21 Identify what helped you get through a tough time in your life
22 Find 3 things you feel hopeful about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)	28 Think about what you can learn from a recent problem
29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human				