

Reminder—Finishing times Friday 22nd December

> Year 11—11:40am Year 10—11:55am Year 9—11:45am Year 8—11:50am Year 7—12:00 noon

#### **Dear Parents/Guardians,**

I hope you enjoy reading this week's newsletter. I found the article on the back page which summarises Mrs Wardale's assembles particularly informative. Our understanding of the brain and how we learn underpins our Hillside Core 5 (please see below) these are the principles we expect to see in lessons, to ensure our pupils get the very best experience and make the progress they are capable of.

Last night was our Christmas production of Cinderella the pantomime and wow, it was amazing. To see so many pupils from across the year groups join together to perform and provide such fantastic entertainment to our families was simply joyous. I always feel school is a fantastic place to be in the run up to Christmas and our pantomime is now becoming a highlight of our celebrations.

I should remind families we are still in school until Friday 22nd December, when we will continue our tradition of finishing at an earlier time, see info in this newsletter. In the next week we have a lot of learning still to do, along with some lovely Christmas activities planned for our young people, so maintaining good attendance up to Friday 22nd December is imperative.

We return to school on Monday 8th January at the usual time of 8.20am for a 8.30am start.

#### **Amanda Ryan, Principal**

# Thought for the Week

Humans are unique by virtue of their large brain.
- Jane Goodall

\*\*Excellence in the Heart of the Community\*\*
PIC-COLLAGE





# Hillside High School

Wade Deacon Trus

At Hillside, my teachers help me to learn by:



Giving effective feedback



Using regular retrieval.



Explaining what I am learning and making links to what I have already learnt.



Providing a word rich environment



Regularly checking my understanding and giving me extra help when I need it.



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in the Heart of the Community

I am delighted to share our published report from Ofsted with you. This is now live on our website for staff and parents to access. The link is here: Hillside High School - Hillside is a Good School!







### **Year** 7 Christmas Homework – Junk Model Number

Pupils are being asked to use the carboard, paper and wrappings of things they really like to make a junk model of their favourite number.

They are to create a junk model of their favourite number.

Like the models they ve been making since they started school i.e. robots, aliens, vehicles made from recycling cardboard boxes and empty clean pop bottles.

Your model can be any size, but remember you have to carry it to school.

It can be made from any items as long as they are clean and safe (no pointy ends or sharp edges).

It can be 1 or 2 digits (just because more would be hard).

It must be submitted by Friday 12th January to your Maths teacher.

There are prizes for the best efforts, with 1 model from each Year 7 class going forward to the final round of judging. From this shortlist there will be an overall winner.

Pupils who may need some help with supplies can see Mrs. Thornton for support.



# Fundraising fun!

We have had a very busy few week raising money for our Christmas Hamper Appeal! On Thursday 30th November, Hillside held its annual Christmas market! We wanted to do something festive that the whole school and local community could enjoy to kickstart the festive season. We supported local businesses by inviting them to come and sell their Christmas goodies at our school. There was carol singing, mince pies, Santa's grotto and a whole lot of festive fun! The evening was a huge success and we wanted to thank everyone who came and supported us! And best of all we managed to raise over £1400! This was followed by the Santa Dash on Sunday 3rd December! 18 members of Hillside staff braved the freezing cold to run 5km around Liverpool city centre dressed as Santa! The city centre was a sea of red, with the occasional blue, Santas! There was a fantastic atmosphere and it was a lot of good fun! So far we have raised a further £1150! Finally, on Friday 9th December Hillside staff and pupils were invited to wear their finest Christmas jumpers to raise more funds for our Christmas Hamper Appeal. Progress leaders and a singing Mr Edwards were on hand with the small change donations box to collect donations as pupils arrived to school. As always we were bowled over by our pupils' generosity! There were some fantastic examples of brightly coloured festive jumpers! We still have a week to go until Mr Edwards and his elves head out in the minibus to deliver our hampers to families in need in our local community!

Miss Collins













# **Trip to the Theatre**

Last week our cast and crew of this years Hillside Pantomime journeyed into town to see Cinderella at the Everyman Theatre. Miss Brown, Mrs McPoland, Miss Austin and Mr Richardson navigated our cast of 45 pupils on foot to Kirkdale station, as we boarded the train to Liverpool central taking over a whole carriage with Hillside pupils. The excitement brewed as we headed up to the theatre, by the time we arrived our pupils were ready to be wowed by their cast of actors and musicians, and they certainly did not disappoint! We spent two and a half hours laughing, cheering, booing, singing and dancing our socks off. The cast of Cinderella certainly showed our cast how it's done and we left so inspired and ready to rock our own pantomime! We even got a shout out on stage as "Our Graham" give Hillside pupils an extra thank you for helping the theatre bounce! We headed home full of Christmas spirit and couldn't help but share it with commuters on the station platform as we spontaneously burst into a rendition of Last Christmas whilst waiting for our train. One passenger commented, "what lovely kids you have in your school" as she left the train. Once again, our pupils did team Hillside proud. We couldn't wait to rock our own Cinderella pantomime last night and round off a wonderful year in our performing arts department with a bang. We hope you enjoyed it as much as we did, Merry Christmas everybody!



Miss Brown

# ecember Kindness 2023

#### MONDAY

Support a

charity, cause

or campaign you

really care about

Buy an extra item and donate it to a local

Ask for help

and let someone

else discover the

joy of giving

#### TUESDAY

Give a gift to

someone who

is homeless or

feeling lonely

Be generous.

Feed someone

with food, love or

kindness today

#### WEDNESDAY



Leave a positive message for someone else to find

See how

many different people you can

smile at today

Help others

Share a

happy memory

or inspiring

thought with

a loved one

Appreciate

kindness and

thank people

who do things

for you

THURSDAY

Do something helpful for a friend or family member

Say hello to your neighbour and brighten up their day

share the

December calendar with

others

Congratulate someone for an achievement that may go unnoticed

Choose to give or receive the gift of forgiveness

things others have done for you

Treat everyone with kindness oday, including vourself!

**ACTION FOR HAPPINESS** <

by giving away something that vou don't need

Call a relative who is far away to say hello and have a chat

Be kind to the planet. Eat less meat and use less energy

Let someone know how much you appreciate them and why

others. Share something which made you laugh



Get outside. Pick up litter or kind for nature

Turn off digital devices and really listen to people











Contact someone you can't be with

they are

Notice when you're hard on yourself or others and be kind instead

Listen wholeheartedly to others without judging them

SUNDAY

Give thanks. Look for something List the kind positive to say to everyone you speak to

Bring joy to

# Safeguarding, Emotional Wellbeing and Mental Health

# A Journey into the Remarkable World of the Brain

All pupils took part in an assembly this week to learn about the most remarkable organ in our bodies! This incredible organ is not only responsible for managing our daily tasks but also holds the key to unlocking unlimited potential and learning. Here are some fascinating facts about the brain.

#### **The Wonders of the Brain:**

**Powerful Connections**: Did you know that the brain has over 86 billion neurons? These neurons form intricate connections that allow us to think, feel, and learn. Every time we learn something new, these connections become stronger, creating a vast network that is foundation of our intelligence.

**Adaptable and Flexible:** The brain is incredibly adaptable, a quality known as neuroplasticity. This means it can reorganise itself based on new experiences and learning. Embracing new challenges and learning opportunities can help shape and strengthen your brain, allowing you to navigate a variety of situations with ease.

**Limitless Potential:** The brain's capacity for learning is virtually limitless. It's like a supercomputer capable of processing information at incredible speeds. This means that as parents and pupils, you have the power to explore and absorb knowledge in various fields, from science and mathematics to arts and languages.

**Learning Links:** 

We have been learning about the brain in order to develop out knowledge of learning. The following are some ideas for how to maximise learning linked to the science of the brain. There are several well researched links between learning and positive mental health.

**Embrace Curiosity:** Encourage curiosity. The brain loves novelty and challenges. Whether it's exploring a new hobby, reading a different genre, or trying out a new skill, curiosity keeps the brain engaged and excited about learning.

**Prioritise Sleep and Exercise:** A well-rested and healthy brain is more receptive to learning. Ensure an adequate amount of sleep and regular exercise, as both contribute to learning.

**Set Goals and Challenges**: Establishing realistic goals and challenges is crucial for stimulating the brain. Break down larger objectives into smaller, achievable tasks. Celebrate success along the way, as these moments of success help to promote positive wellbeing.

The brain is an incredible organ with unlimited potential for learning. It is essential to recognise this potential and take advantage of every opportunity to learn. By embracing curiosity, setting goals, and prioritising health, we can unlock the full power of our brains and pave the way for future success.

So, let's embark on this exciting journey of discovery, where the possibilities for learning are as vast as the neural connections in our remarkable brains!

Mrs Wardale





