



Dear Parents/Guardians,

I hope you enjoy reading this week's newsletter. Last Friday saw the whole school complete our own mini marathon, it was a joy to see all our pupils, some running, some walking to complete three laps of Stuart Road playing fields. As I've mentioned previously this was to show our support for #kNOwKnifecrime. There is still time to donate, please see link below.

<https://www.cashforkidsgive.co.uk/campaign/charity-champions-liverpool-the-north-west/fundraisers/strand-partnership/>

Another highlight of last week was a number of Year 11 pupils having the opportunity to visit Lakeside where they completed curriculum work and then had time to take part in activities on the lake. Everyone involved said our pupils were amazing.

Amanda Ryan, Principal

Thought for the Week

Learning is an alteration in long term memory.
- Willingham.



"Excellence in the Heart of the Community"
PIC•COLLAGE

Attendance League Press Release

A great welcome back to Year 10 and the Attendance League this week. Henderson Town and Henesy City have returned in top form with emphatic wins against strong opposition. Wright Unite and Seaman's Heroes must be smarting after hitting the woodwork in games that were at times too close to call. Henderson Town continue to dominate the League, with other Year 10 teams chasing them. Some big games this week - Brown United take on Wellington Town in a bid to gain their first win of the season, and can Henderson Town be defeated by Kitching Rovers? - there must be an upset coming soon...

Mr Edwards

This Week's Full Time Scores wb 15/4/24

Brown United	9LB	81.3	V	82.8	7JR	Rice Rovers
Code Breakers	8SC	83.5	V	77.8	8RA	Ashraf's Rovers
Moore Scorers	7OM	86.4	V	87.0	7SAC	Clarke's Sharks
Higgins' Heroes	7KBH	92.8	V	91.3	7EB	Bell City
Wardale Wanderers	9SW	98.5	V	97.6	10RS	Seaman's Heroes
Halsall United	7CH	94.4	V	97.0	10TH	Henderson Town
Wellington Town	8AWE	83.9	V	91.0	9LG	Gallagher City
Kitching Rovers	9NK	96.4	V	95.3	8MC	Cosgrove United
Wright Unite	10GW	90.4	V	91.2	8DH	Haygarth City
Henesy City	10THE	95.8	V	93.3	10CSY	Symes Town

Attendance League Table – 19/4/24

Pos	Team	Name	Played	Won	Draw	Lost	GD +/-	Boost	Points
1	10TH	Henderson Town	5	4	0	0	25.7	15	30
2	10RS	Seaman's Heroes	5	3	0	2	30	11	20
3	10THE	Henesy City	5	4	0	1	8.2	7	19
4	9SW	Wardale Wanderers	5	3	1	1	7.3	9	19
5	10CSY	Symes Town	5	3	0	2	-1.9	7	16
6	7EB/SL	Bell City	5	3	0	2	11.3	6	15
7	7CH	Halsall United	5	3	0	2	7.3	6	15
8	7OM	Moore Scorers	5	3	0	2	12.5	5	14
9	8RA	Ashraf's Rovers	5	3	0	2	12.7	3	12
10	7JR	Rice Rovers	5	3	0	2	6.5	3	12
11	7SAC	Clarke's Sharks	5	3	0	2	-5.4	3	12
12	7KBH	Higgins' Heroes	5	3	0	2	3	2	11
13	9NK	Kitching Rovers	5	2	0	3	-9.6	5	11
14	8SC	Code Breakers	5	3	0	2	-7.1	0	9
15	10GW	Wright Unite	5	1	0	4	-8.2	6	9
16	8MC	Cosgrove United	5	1	0	3	-10.2	6	9
17	8DH	Haygarth City	5	1	2	2	-4.6	3	8
18	9LG	Gallagher City	5	1	0	4	-24	1	4
19	8AWE	Wellington Town	5	0	1	4	-18.3	2	3
20	9LB	Brown United	5	0	0	5	-34.9	0	0

Points
Win = 3 Points
Draw = 1 Point
Lose = 0 Points

Weekly Boost
Attendance above:
90% - 1 point
93% - 2 points
96% - 3 points

Fixtures – Week beginning 22/4/24

Brown United	9LB	V	8AWE	Wellington Town
Code Breakers	8SC	V	7SAC	Clarke's Sharks
Moore Scorers	7OM	V	8RA	Ashraf's Rovers
Higgins' Heroes	7KBH	V	10THE	Henesy City
Wardale Wanderers	9SW	V	7CH	Halsall United
Kitching Rovers	9NK	V	10TH	Henderson Town
Wright Unite	10GW	V	8MC	Cosgrove United
Gallagher City	9LG	V	7JR	Rice Rovers
Bell City	7EB	V	10RS	Seaman's Heroes
Haygarth City	8DH	V	10CSY	Symes Town

Good Luck!

I am delighted to share our published report from Ofsted with you. This is now live on our website for staff and parents to access. The link is here: [Hillside High School - Hillside is a Good School!](#)



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BAE Systems Education Programme

On Monday 15th April, we had the pleasure of welcoming the BAE Systems Education Programme Roadshow - delivered in partnership with the RAF and the Royal Navy to our school which aims to celebrate STEM across Britain. The MGA team delivered a 50-minute performance which aimed to inspire and engage our young people about Electricity. The highly interactive show explored what electricity is and how we generate it. Pupils were amazed by some of the 'shocking' demonstrations including creating a simple circuit, explore the pros and cons of different energy sources and creating an electrostatic charge with the Van de Graaff generator. Its safe to say the pupils were 'buzzing' by the end of the performance.

Mr Wardale



'Meet the Team'

Mr Haygarth has been at Hillside for 8 years. He is an Assistant Vice Principal and Subject Leader for Computer Science, ICT and Business.



Mr Haygarth

Previous job(s): Bartender

Hobbies/interests: Watching live music, going to the match, riding my bike, travelling, spending time with my family and friends (see pic below), playing poker, board games and pub quizzes.

Pets: Dog (Virgil) (see pic).

Favourite food: Steak (Medium rare)

Likes: Watching LFC lift trophies.

Dislikes: Driving

Favourite movie: Happy Gilmore and Spike Island

Favourite destination or last holiday you went on: Las Vegas, Bali, Thailand, Florida. I've been fortunate enough to visit a few great places.

If not a teacher what job would you do? Own my own karaoke bar

Person you'd most like to meet and why: John Lennon – to find out more about his life

What was your favourite subject when you were at school? Maths

Favourite colour: Teal

Coca-Cola or Pepsi: Coca-cola

McDonalds or KFC: McDonalds

If you could have a superpower what would it be? Travel at the speed of light, to visit every country in the world.

Last book read: Fourth Wing

Liverpool or Everton? Liverpool

Favourite superhero: Not for me.

Which actor would play you in a movie? Atticus Shaffer (Google him)

Most embarrassing moment: A few very poor attempts at karaoke

Favourite chocolate bar: Kinder Bueno

Favourite crisp or snack: Discos

Best birthday present: A holiday to Florida

Worst birthday present you've received: Anti-snoring device

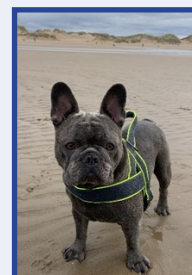
Strangest thing you've ever eaten: a scorpion when on holiday in Thailand

Red or brown sauce on a sausage sandwich: Brown

Most random item in your desk drawer: Magic set

What would be your specialist subject on Mastermind? Capital cities

An interesting fact most people would not know about you: I used to live in Malaysia and I had a pet monkey. I do magic tricks-ask me to show you one!



#kNOwKnifeCrime

As part of our fund raising efforts for the #kNOwKnifeCrime Bleed Control Kit Cabinet campaign, we were extremely proud to take part in the Sefton-wide relay event on Wednesday 17th April in which a bleed control kit baton was passed between schools within the Strand Learning Partnership. The bleed control kit baton arrived at Hillside from Bedford Primary whose runners joined our own pupils from Years 7, 8 and 9 to Christ Church Primary! All pupils who took part should be incredibly proud of themselves as they ran the route as a team, supporting each other as well as the younger runners from Bedford. Staff and pupils were extremely grateful for the water and treats that were waiting for us once we arrived at Christ Church!

Momentum for the campaign continued on Friday 17th April when we held our own mini-marathon for all pupils here at Hillside. Staff and pupils ran or walked 2.6 miles around Hillside's grounds to help highlight and raise awareness for such a worthy cause. Thank you to all parents, guardians and friends of our pupils who helped us exceed the Strand Partnership target. At the time of writing over £3000 has been raised to help us place as many Bleed Control Kit Cabinets in as many locations as we can.



English and Maths Revision Programme

Last week a small group of Year 11 pupils took part in an intense English and Maths revision programme at Crosby Lakeside Activity Centre. After completing some fantastic work and impressing their teachers they spent some time on the water. All pupils were keen to get stuck in and showed themselves to be good team players. Staff were particularly proud of pupils that overcame their fear of water by just jumping in! It was great to see pupils realising how much they can achieve when they believe in themselves.

Miss O'Hara



Managing Anxiety Workshop

We would like to make you aware of an upcoming workshop being hosted at Hillside by the NHS Mental Health Support Team. The workshop is called "Managing Anxiety" and is open to parents from all year groups who would like tips and strategies to support their children with anxiety.

Most children and young people will behave in challenging ways at some point. Feeling upset, angry, stressed or disappointed is a normal part of life. Because we develop our ability to manage our emotions as we grow up, children and young people do sometimes act out when they're going through big feelings. In response to their emotions, they may display a range of behaviours. Most children and teenagers will also push boundaries as they test their independence.

But sometimes, challenging behaviour can become more frequent and difficult to deal with. It may start to have an impact on someone's day-to-day quality of life, on relationships and learning at school, and on other family members.

Examples of challenging behaviour include:

- having lots of angry outbursts or 'tantrums'
- regularly shouting, swearing, hitting, biting or kicking
- kicking, hitting, smashing or damaging things in the home
- regularly refusing boundaries and routines, including not wanting to respond to reasonable requests
- being impulsive and taking physical risks
- blaming others for their behaviour
- being unkind towards others



The workshop takes place on Friday 3rd May 9am – 10am. There will be an opportunity to speak to the Mental Health Support Team staff at the end of the session to ask any specific questions or advice.

To book your place on this workshop, please follow the link on the QR code. Limited places are available so please book your place as soon as possible.

Mrs Jones

Safeguarding, Emotional Wellbeing and Mental Health Teaching & Learning

In the world of education and school, one skill stands out as crucial for success: the ability to learn how to learn. As young people navigating the complexities of academics and life, understanding the process is not just beneficial; it's essential. This week in assembly we have looked at why mastering the art of learning is your key to unlocking a world of opportunities.

Learning how to learn is not simply memorising information or being well behaved in class. Learning is a process which leads to an 'alteration in long term memory' the definition we discussed in assembly as written by Daniel Willingham.

Following on from our reminders of expectations and routines for learning at Hillside this week I would like you consider and reflect on your strengths and areas for development as a learner.

To be a good learner you need to consider the following:

Adaptability: In a rapidly changing world, the ability to adapt is invaluable. When you understand how you learn best, you can adapt your approach to various subjects, teaching styles, and challenges.

Ownership of Learning: Taking charge of your learning journey fosters independence and self-motivation. When you know how to learn efficiently, you become less reliant on external factors and more empowered to pursue your goals.

Critical Thinking: Effective learning goes beyond rote memorisation; it involves critical thinking and problem-solving skills. By understanding the learning process, you can sharpen your analytical abilities and make connections between different concepts.

Resilience: Learning is not always a smooth ride. You may encounter obstacles, setbacks, or even failures along the way. However, when you grasp the process of learning, you develop resilience—the ability to bounce back from challenges and persevere despite setbacks.

For each of the above points how would you rate yourself on a scale of 1-10, 1 being I am not good at all at this and 10 being I have mastered this. You will need to justify your choices.

Now, let's take a moment for some self-reflection. Consider the following questions:

- What learning methods or techniques have I found most effective in the past?
- When faced with a challenging topic, how do I approach it? Do I seek additional resources or ask for help?
- Am I open to trying new study strategies, even if they seem unconventional?
- How do I handle setbacks or failures in my learning journey? Do I view them as opportunities for growth?

Remember, learning is a lifelong journey, and we are incredibly privileged to have the access to education that we have. Embrace the challenges, celebrate your successes, and never stop exploring the boundless possibilities that await you.

Happy learning everyone!

Mrs Wardale

