THE HEART OF THE COMMUNITY

#### **Dear Parents/Guardians,**

I am always so proud of our pupils and everything they achieve. This week's newsletter really is a celebration of their achievements. The Wally Cain Dance Festival has been a highlight of the year in our school for many years and this year was certainly no expectation. Well done to all our pupils who put on a brilliant performance for the audience at The Atkinson Theatre.

Another highlight of this year has been our involvement in the 'She Inspires' programme. This truly life changing programme came to a grand finale on Friday 7th June and all the girls involved did us proud. This has been such a fantastic opportunity for our girls and I am really grateful to everyone who had made this possible, including our very own Miss Roby who has ensured the programme has run seamlessly and provided a brilliant opportunity for our girls.

The LFC Foundation Creative Works programme has been another fantastic opportunity for our pupils. I was delighted to see the final sculptures our pupils produced before they go on display at Anfield. Well done to everyone involved.

It's always hard to say 'Goodbye' to our Year 11, although we still have the prom to look forward to!

#### **Amanda Ryan, Principal**

### **Wally Cain**

It was a fabulous evening performing at The Atkinson Theatre in Southport, all the hard work has paid off! Nineteen dancers took part from Years 7 and 9, all have worked incredibly hard, showing commitment, dedication and enthusiasm, it was an absolute pleasure to watch them all perform, I am so proud of each and every one of them!

The dance was called "Confusion" looked at in two different ways. We had to choose music with no lyrics as the given theme was "Orchestral Manoeuvres". Our first dance was based on Beethoven famous music Fur Elise, it is thought that this song was written for a woman called Therese, who Beethoven wanted to marry, however due to a mistake in translation the song was named Fur Elise as the woman's name was translated accidentally to Elise, causing much confusion!! In the second dance, choreographed by Katelyn Hoban the dance portrays how people are confused sometimes about their own identity and afraid to be different, following others in the purpose of being accepted.

Miss Austin







# Thought for the Week

The human spirit is one of ability, perseverance and courage that no disability can steal away.

- Anonymous

\*Excellence in the Heart of the Community\*
PIC-COLLAGE

I am delighted to share our published report from Ofsted with you. This is now live on our website for staff and parents to access. The link is here: <u>Hillside High School - Hillside is a Good School!</u>



## Mental Health Support Team Workshop – Monday 24th June

@Hillside

On Monday 24th June the NHS Mental Health Support Team will be hosting a workshop at Hillside focusing on "Supporting your high school child with anxiety". This workshop is open to parents with pupils already at Hillside or for parents of pupils joining us in September. The workshop will provide tips and strategies to support parents with an understanding of the anxiety cycle and the importance of sleep.

There is also an option to join online.

Please see flyer for more details and instructions of how to join online.

**Mrs Jones** 



24TH JUNE 2024

Come along to the parent and carer supporting your high school child with anxiety workshop delivered by the Team Around The School Link Workers

This informative workshop provides tips and strategies to support parents and carers with a greater understanding of the anxiety cycle, practical ideas to support your child and the importance of sleen





Open your camera on you device, and focus on the QR code as though taking picture then follow the lir

### **Attendance League Press Release**

Week 2 if the Euros brought in some cracking results. Henderson Town, Clarke's sharks, Henesy City and Wright United all had attendance above 98%! There was also a very close match between Seaman's Heroes and Symes Town with the Heroes clinching a win by just 0.4%!

The groups are starting to take shape and Henesy City have taken the top spot in Group B.

Lots of great games this week, good luck!

Mr Edwards

		GROUP A									_	GROUP B										
	Pos	Team	Name	-	w	D	L	GD	Bst	Pts		Pos	Team	Name	P	w	D	L	GD	Bst	Pts	
	1	<u>10TH</u>	Henderson Town	2	2	0	0	3.2	6	12		1	10THE	Henesy City	2	2	0	0	3.9	6	12	
	2	9SW	Wardale Wanderers	2	2	0	0	8.3	5	11		2	7KBH	Higgins' Heroes	2	2	0	0	6.1	5	11	
	3	10RS	Seaman's Heroes	2	2	0	0	4.8	3	9		3	7SAC	Clarke's Sharks	2	1	0	1	0.9	5	8	
	4	10CSY	Symes Town	2		0			2	2		4	9NK	Kitching Rovers	2	1	0	1	-0.7	4	7	
	5	7CH	Halsall United	2	0	0	2	-3.6	1	1		5	8MC	Cosgrove United	2	0	0	2	-3.3	2	2	
	HILLSIDE HIGH SCHOOL																					
			GROUP C											GROUP D								
	Pos	Team		P	w	D	L	GD	Bst	Pts	$\mathbf{D}$	Pos	Team	Name	P	w	D	L	GD	Bst	Pts	
	1	<u>70M</u>	Moore Scorers	2	2	0	0	16.8	6	12		1	8AWE	Wellington Town	2	2	0	0	12.4	3	9	
	2	10GW	Wright United	2	2	0		9.3	6	12	GU	2	7JR	Rice Rovers	2	1	0	1	-2.9	3	6	
.	3	9LG	Gallagher City	2	1			-2.3	3	6	100	3	8DH	Haygarth City	2	1	0	1	2	2	5	
5	4	7EB	Bell City	2	0			-10.7	2	2		4	9LB	Brown United	2	1	0	1	-7.6	1	4	
	5	8RA	Ashraf's Rovers	2	0	0	2	-12.4	0	0		5	8SC	Code Breakers	2	0	0	2	-21.9	0	0	
			/		7					_												

### **'She Inspires' Finale**

On Friday 7th June our Year 8 and 9 pupils who have participated in the 'She Inspires' programme attended the finale event, 'a festival of football' to celebrate the end of the year-long programme. The action-packed event gave pupils the chance to test their skills at fun and motivational sessions led by professional coaches from both of our city's Premier League Clubs. There was also a Q&A session with former England player and Liverpool FC Ambassador Natasha Dowie.

Throughout the day there were opportunities for pupils to take part in a range of interactive stations and stalls, where they could find out information about careers in policing or the other blue light services. Some of these included giving an insight into working for the Matrix team, Merseyside Fire and Rescue and North West Ambulance Service. They even met an ex pupil who is now working as a paramedic. They thoroughly enjoyed chatting to them about their career and the route they took to get there. What a way to end the programme. A huge well done to all the pupils involved in this, they have shown great commitment, attitude and engagement throughout.

Miss Roby











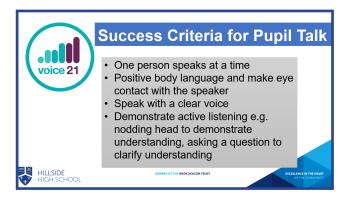
**LFC Foundation Creative Works Programme** 

Over the last 6 weeks some of our Year 8 and 9 pupils have taken part in the LFC Foundation Creative Works Programme. Creative Works allows young people to explore their creativity, develop an understanding of the career pathways available to them and to learn skills such as resilience, confidence, teamwork and communication. There has been a mixture of sessions in school and visits to external locations. Activities have ranged from building sand sculptures on Crosby beach to visiting Anfield stadium and hearing all about the variety of jobs at the ground. This programme has provided opportunities for these young people to engage and let their creativity flow! The programme focussed on the Antony Gormley Iron men and this was used as inspiration to create their own clay sculptures. These sculptures will now be going on display at Anfield Football Club for all to see. Well done everyone, amazing work!!

Miss Roby



### Oracy





### Goodbye, Farewell and Good luck Year 11

Where have those 5 years gone? It seems like a lifetime since meeting my Year 11s in June 2019, when they were tiny Year 6's. However, in a blink of any eye, it was over. The Class of 2024 came to an end after their last, whole year exam on Friday. They headed to the Drama Hall where we had a celebration of their time in Hillside High School, along with some delicious food and drink. Laughter filled the air as they watched themselves on the video and had shirts signed with messages of love and kind wishes. The pinnacle for me, was the cheer they let out at the end. Following the lovely words from Mrs Ryan, Miss Jones and Mrs Thornton, my tears could hold no longer. The messages of love and appreciation continued when I returned to my office, which was packed full of flowers, gifts and more importantly wonderful messages. I am eternally grateful to them all for making me feel so treasured. I feel really proud and privileged to have been part of their lives at Hillside High School and will cherish the memories of that day forever.

All that's left now is for me to say farewell and to wish them all the happiness in the

world. They will always remain #TeamHillside in my eyes.

Mrs Harper























### **Hillside Pantry**

We are working with the charity MCKS who are funding the food for the pantry. MCKS is a Charitable Foundation and partners with schools to provide school pantries on a regular and permanent basis. They provide food, toiletries and sanitary supplies for those in need.

Hillside Pantry will be open to any families who have a child at Hillside. You will be given a food hamper containing some essentials listed below.

#### Items available include

- Tinned meals
- Breakfast cereal
- Tea / Coffee
- Long Life Milk
- **Biscuits**
- Pasts / Rice / Noodles
- Tinned vegetables
- Long life bread



Toiletries such as soap, shampoo, conditioner, toothpaste and toothbrushes, deodorant are also available.

Please bring your own shopping bag to collect items. Any questions – please contact the school office.

If you are unable to collect on Friday - please contact the school office to make arrangements for collection at another date.

The Hillside Pantry is open every Friday from 1pm - 4pm at the school Main Office.

#### 'Meet the Team'

This week, we say 'G'Day" to Miss Simmons. Originally from the land down under, Miss Simmons joined the Hillside Learning Support team nearly two years ago. Since then, she has worked with lots of our pupils on an individual basis or when supporting whole classes.

Previous job(s) Many and varied. I've worked at Dominos, as a waitress, and as a bar tender. I've been a lawyer, and worked on policy development and review for universities.

Hobbies/interests: Travel, listening to music, going to concerts (talk to me about Taylor Swift anytime), eating good food.

**Pets:** 2 cats that live with my nan, one is an angel and the other is not.

Favourite food: It's got to be pasta!

**Likes:** Summer, sunshine, swimming. Who doesn't

**Dislikes:** Loud eaters, blood, when the bus gets cancelled. **Favourite movie:** Legally Blonde - Elle Woods is why I wanted to be a Lawyer

**Favourite destination or last holiday you went on:** I've been very lucky to travel to loads of countries. So far, I've loved Iceland, Morocco, Albania and Egypt.

If not a a teacher what job would you do? Social Worker or a travel guide

Person you'd most like to meet and why: Australia's first female Prime Minister, Julia Gillard or Taylor Swift.

What was your favourite subject when you were at school? English or Legal Studies

Favourite colour: Pink! Coca-Cola or Pepsi: Coke McDonalds or KFC: McDonalds

If you could have a superpower what would it be? To teleport so I could travel all over the world without

having to pay for flights.

Last book read: The List by Yomi Adegoke

**Liverpool or Everton?** Since living here I've jumped on the Liverpool bandwagon

**Most embarrassing moment:** When I went overseas for the first time at 19, I was crying in the airport security line. The security guard put his arms out, so I hugged him, only to realise he was just telling me to hold out my arms so he could search me. I will never, ever forget his face when I let go.

Favourite chocolate bar: Tony's Chocoloney Caramel Sea Salt Chocolate

**Favourite crisp or snack:** McCoy's Thai Sweet Chicken

Strangest thing you have eaten: When I went to the outback in Australia, I ate a Witchetty grub and some crocodile. Neither were good.

Most random item in your desk drawer: A mouse

What would be your specialist subject on Mastermind? Taylor Swift songs

An interesting fact most people would not know about you: I can't roll my r's or speak another language.



Miss Simmons

### Standards and Expectations—School Uniform

Firstly, a huge thank you to all our parents/guardians and pupils who continue to look smart and wear our school uniform with pride every single day. We don't take this for granted and we still regularly receive compliments from the wider local community about how smart Hillside pupils look.

Please see below for some basic reminders regarding school uniform and our expectations.

- Girls should wear white socks or black tights
- Jewellery is not permitted including any piercings. If pupils are seen wearing jewellery the teacher will confiscate this and the item will be placed in the school safe.
- Make- up should be minimal and discreet and false eye lashes, false nails and or nail varnish should not be worn. Pupils will be provided with wipes and nail varnish remover if they arrive in school with either.
- · Blazers should be always worn on the corridors pupils may remove blazers when working in classrooms.
- Outdoor coats or hooded jackets are not allowed to be worn in school and they should be removed as pupils enter the school building at any points during the school day e.g. after break and lunch

Our uniform underpins our high expectations of pupils to follow 'The Hillside Way' and pupils should look smart, professional and ready to learn- which many do every single day.





### **Breakfast Club**

Come along to our fantastic breakfast club which is free of charge to all pupils.

Mrs McGing will be in the Dining Room everyday between 7:45am-8:20am









### Key Dates 2024

Thursday 27th June—Year 6 Transition
Day & Year 11 Prom

Friday 28th June—Inset Day—School Closed for Pupils

Thursday 4th July—Year 7 Welcome Evening 6pm

Friday 5th July—Festival of Sport Day

Thursday 11th July—Summer Community Event

Friday 12th July—Year 9 MMR Immunisations

Tuesday 16th July—Years 7-10— Immunisation Catch up.

Wednesday 17th & Thursday 18th July— Summer Production 7PM





### Safeguarding, Emotional Wellbeing and Mental Health

### **Disability Awareness**

Thought for the Week: "The human spirit is one of ability, perseverance and courage that no disability can steal away."

The assembly for this week was about disability awareness and aimed to helped pupils to understand hidden disabilities.

#### What is disability?

- The Equality Act defines disability as a physical or mental impairment that affects normal daily activities for 12 months or more.
- There are many more disabled people in the UK than often assumed. At least 22% of the UK's population, that's almost 14 million people, are disabled.



#### **Did you know?**

#### Using the right language

Using the right language when talking to disabled people is important. Using identity first language, such as "disabled person" rather than "person with a disability", is preferred by lots of people for a very specific reason - it marks an important academic understanding of disability known as the social model and is the basis of the disability civil rights movement. Saying people first ignores the civil rights work but does emphasise the importance of identifying first as a person. This is a personal preference so if in doubt ask.



#### **Blue Badges**

The Blue Badge enables disabled drivers or passengers to park as close to their destination as possible. It allows users to park in a variety of places for free, including on some double yellow lines, but the rules vary between areas so it's always best to check.

#### **Pedestrian Crossings**

You're probably familiar with the bumpy paving slabs and loud beeps at the roadside to help visually impaired people use a pedestrian crossing. However, there is device under each crossing that a person can turn which alters the timings of the traffic lights and gives disabled road users longer to cross the road.



#### Wheel Chair Users

Many wheelchair users are ambulatory, meaning they are able to stand and walk on their own. The reasons for them using wheelchairs can vary from having pain or discomfort when walking long distances, to chronic fatigue meaning walking could wipe you out significantly afterwards.

#### **Hidden Costs**

The extra cost of living that disabled people have, was £583 a month, that's on top of food and housing. It's often spent on much-needed services such as physiotherapy, or having to pay more for products that are accessible. Being disabled is expensive and this can have consequences. According to the Joseph Rowntree Foundation, nearly a third of households with a disabled resident live in poverty, external, compared to 19% of non-disabled households.



#### Questions

- Are you surprised by any of the facts?
- Why do we need to be aware of hidden disabilities?
- Why is it important to raise awareness?

Mrs Miller