



HILLSIDE HIGH SCHOOL

WADE DEACON TRUST

EXCELLENCE IN
THE HEART OF
THE COMMUNITY

Friday 5th July 2024

Dear Parents/Guardians,

This week's newsletter is full of important information. Even though we haven't finished for the summer yet, we appreciate some families like to get organised early for September so we have included lots of important information about our standards and expectations in terms of uniform, shoes etc. As always the website is another source of information and please don't hesitate to contact us if you need clarification about anything.

It was a pleasure this week to appoint our next team of Prefects and they are already supporting the school, doing an amazing job at last night's Welcome Evening.

Next week we are looking forward to our final Personal Development Drop Down Day, the day is focussing on careers and finance and was planned in light of feedback from our pupils who asked for these topics to be covered. Everyone needs to be in school Monday to ensure they don't miss out on these invaluable sessions.

We are delighted to be the first hub in Merseyside for 'The bread and butter thing' this is an amazing offer which I hope many of our families will feel able to take up. All the details you need are included inside the newsletter.

We can't wait to welcome you to next week's Community Evening!

Amanda Ryan, Principal

Science Olympics

On Tuesday 2nd July we hosted our "Science Olympics" here at Hillside. Almost one hundred Year 5 pupils from Bedford and Thomas Gray Primary Schools attended the event.

This celebration of science included a number of scientific challenges, requiring the pupils to utilise their knowledge, skills, logic and teamwork to complete the tasks successfully.

The challenges included nine activities including; Spaghetti towers, Pendulums, Bridge building and a science quiz.

The pupils were placed into teams of five or six and provided with a score card and a "Ask the Expert" joker card.

Each challenge was managed by members of our Year 8, they maintained the pace, interest and passion for each task brilliantly.

The Year 8 experts also provided support and when required imparted knowledge and tips to the groups to overcome any problems with the task.

The teams were allocated ten minutes for each challenge and a score was recorded before they moved to the next task. This proved to be quite competitive.

In the end we had two winning teams "The Legends" from Bedford and "The Smarties" from Thomas Gray

Well done to everybody involved, it was great to see so many young people embracing the joys of science. We look forward to running this event next year!

Mr Code

I am delighted to share our published report from Ofsted with you. This is now live on our website for staff and parents to access. The link is here: [Hillside High School - Hillside is a Good School!](#)



Rampworks

We are pleased to announce that the Free Rampworx Summer Holiday Club is now open for applications and will include scooter coaching, equipment hire, fun activities and games, a hot meal, drinks and snacks.

Places are limited, so please sign up as soon as possible to ensure your child's places is secured.

The dates that are available are as follows:

30th & 31st July, 1st, 2nd, 7th, 8th, 9th, 14th, 15th, 16th, 21st, 22nd, 23rd, 28th, 29th, 30th August.

There will be two sessions, the first session from 9am-12pm which is ONLY available to children aged 5-9 years.

The second session is 3pm-7pm and ONLY available to youths ages 10-16 years.

In order to secure a free place, applicants must be a resident of Sefton and be in receipt of benefit related free school meals, the following google form must also be completed, agreeing our terms and conditions.

<https://forms.gle/cKK3An8QBV9igkoj9>

Once the form is complete, the application will be allocated a place, we will ONLY call you if we need to discuss your application further.

Please be aware that the skate park is very cold in the Winter, but equally children can become very warm whilst riding around, so we suggest layers and practical clothing.



Breakfast Club

Come along to our fantastic breakfast club which is free of charge to all pupils.

Mrs McGing will be in the Dining Room everyday between 7:45am-8:20am



School Ready!

This week in our assemblies we have focused on the importance of 'Standards and Expectations' at Hillside. The information below is a reminder of this.

School Uniform

At Hillside we have extremely high standards of uniform. This means that if you come to school without full uniform for any reason you will automatically spend the day away from other pupils working in isolation in our remove classroom. This is not a punishment, but a way of ensuring that we maintain our high standards at all times.

We expect all of you to wear full school uniform, including school shoes and blazer on their way to and from school. This is something we take very seriously as we believe you are ambassadors for our school at all times.

- Shirts tucked in at all times.
- Outdoor coats to be taken off when in the school building.
- Blazers worn at all times.
- Kilts should not be rolled up.
- No training shoes.

If you have any questions about uniform, please refer to your handbooks or ask a member of staff.

Outdoor coats, jackets and hoodies are not part of your school uniform and should not be worn in the school building:

- Take your coat off as you enter school in the morning.
- If you wear your coat to go out at break and lunch then you should not put this on until you are outside.
- At the end of the school day your coat should go on only as you leave the building and not as you are leaving the classroom.

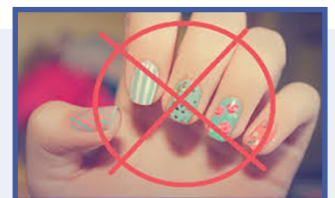
If you have any questions about uniform, please refer to your handbooks or ask a member of staff.

All pupils need a suitable sized school bag. Big enough to fit A4 folders or books, and all Essential 8.



Jewellery, Make-Up and Nail Varnish

- No jewellery is allowed to be worn except a wrist watch. If you come into school wearing jewellery you will be expected to remove it, this includes earrings which you will be asked to remove.
- Hair bands/bobbles should be small, simple and black or navy.
- It is not appropriate for you to wear make-up, false eyelashes or sparkling tooth gems for school. You will be expected to remove any make-up.
- Nail varnish is not allowed in school and if you are wearing nail varnish you will be asked to remove it and if false nails are worn pupils may be withdrawn from lessons if the nails can not be removed.



Hair

A pupil's haircut is a very important part of their overall presentation. At Hillside we will not accept extreme haircuts and colour change should appear natural. If you arrive to school with an extreme haircut or hair/braids of a colour that does not appear natural you will be isolated with your form tutor or in our Reflection Room. Hair bands/bobbles should be small, simple and black or navy.

Mobile Phone and Portable Music Players in School

Our rules are clear on this:

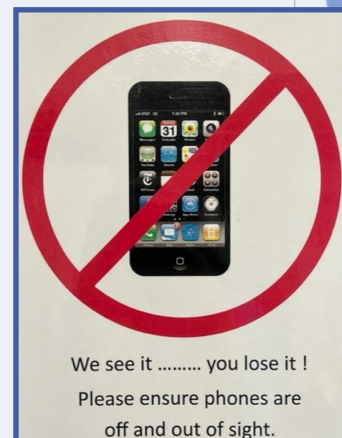
- Electronic devices should not be brought to school at all.
- Mobile phones may be kept in a school bag but must be switched off at all times.
- Mobile phones should not be taken out during lessons, at break or lunchtime.

Our rules are clear on this:

•If you are seen with a mobile phone or an electronic device, the item will be confiscated and placed safely in Pupil Support. If this is the first occasion that your phone is confiscated it will be given back to you at the end of the day. On a second occasion it will not be given back to you until an adult family member comes to collect it.

There are no excuses or exceptions to this rule including the reasons set out below

- I was just checking the time.
- I was just checking where my next lesson is.
- I was just seeing if my mum had messaged.
- I just needed to check something.



Essential 8

All pupils must bring their Essential 8 into school every day. This will be checked in form classes every morning. Without a properly stocked pencil case and bag, a pupil is putting up their first hurdle to making excellent progress – for themselves and their peers.

If your child arrives to school after 8:30am and/or fails to bring in their basic Essential 8 equipment (pen/pencil, ruler, pencil case/bag, purple pen, timetable, calculator, Drama kit/PE kit and knowledge organiser). They will receive a break time detention that day.

If they fail to attend this detention then they will receive an hour's detention on Friday with a member of the Leadership Team. Parents will be informed about this detention from a notification on their Class Charts parent App. Please note it is essential that you bring a bag to school every day.



Questions:

1. How do high standards and expectations help you?
2. Why are high standards of uniform so important to us as a school?
3. How can you have high expectations of yourself?

Thought for the Week



The bread and butter thing.



New Hub Opening: **HILLSIDE HIGH** from Wednesday 10 July

at Hillside High School, Breeze Hill, Bootle,
L20 9NU.

- ➔ Get around £35 worth of food for £8.50
- ➔ Includes fresh fruit and veg, fridge favourites and cupboard staples.
- ➔ Open every Wednesday at 1.30pm.
- ➔ You need to become a member to use the hub but it's free to sign-up and book a slot - just follow these steps.
- ➔ There is no commitment and it's free to join.
- ➔ Everyone who signs up before 13 October 2024 will get their first order free.

It's really easy to sign-up:

1



Text 07860 063 304 with your full name, postcode and the name of the hub you will be collecting from: "HILLSIDE"

2



Select the size of order you want to receive: Family £8.50, individual £3 or Large Family £17. There is a Vegetarian option available too.

3



You'll get a text every Monday to see if you want an order. Just reply "YES" by 10am the next day. Your order will be delivered to the HILLSIDE hub on Wednesday at 1.30pm.

4



Collect and pay for your goods from the HILLSIDE HIGH hub. (Don't forget - someone can collect on your behalf if you can't make it and Healthy Start Vouchers are also accepted).



£8.50 bag of goodies!

Where does our food come from?



Our weekly bags are made up of surplus food from supermarkets, food manufacturers and farmers. We never know what we're going to get from day to day, which means each week your bag of food will be different.

But it is always quality, fresh produce. You will probably need to top up from the shops as well, but our food will go a long way to helping you feed your family affordably.

Surplus food happens for lots of reasons – sometimes there is a fault with the packaging or there may just be too much of it for the supermarkets to handle.

Some of our food is beyond its BEST BEFORE date BUT that doesn't mean that you can't eat it. With proper storage – for instance in its original packaging and sealed with a clip or in an airtight container – lots of foodstuffs can be eaten long after their best before date, including: Crisps can still be edible for a good month after their best before deadline date, including:

- Crisps can still be edible for a good month after their best before deadline.
- Biscuits and cereals can last for another six months.
- Baked beans and other tinned goods can last in your store cupboard for a whole year, as can sweets and bottled pasta sauce.
- And don't throw away that packet of dried pasta that you've found at the back of a cupboard. If stored correctly, it should still be safe to eat around three years after its best before date has expired.

We will never provide food that is after its USE BY date because this is about food safety, not food quality. You can eat food on its USE BY date or, if you have a freezer, pop it in. Just make sure you make a note of how long it will be freezer safe and how long it takes to defrost.

You can find out more about our food and our work on our website:

www.breadandbutterthing.org

or at

@teamtbtt

Introducing Our New Prefect Team

Introducing Hillside's new school Prefect team. The position of a Prefect is one of increased responsibility in school. It provides an important connection between staff and pupils. Our Prefects are vitally important to the whole school community and help to set the tone amongst pupils. They also lead by example and promote The Hillside Way. Prefects are role models and demonstrate the core values of Hillside High School on a daily basis and encourage them in others, both in school and in the wider community. Congratulations to all of the pupils who successfully applied for the position. The appointment of our new Head Pupils is now underway, and we look forward to announcing the successful candidates for these roles in the coming weeks following the interview process.



Key Dates 2024

Save the Date

Monday 8th July—Whole School Careers Day

Thursday 11th July—Summer Community Event

Friday 12th July—Year 9 MMR Immunisations

Tuesday 16th July—Years 7-10—Immunisation Catch ups.

Wednesday 17th & Thursday 18th July—Summer Production 7PM



Computer Science & Business Department



@HHS4Computing

MEMBER OF THE WADE DEACON TRUST

EXCELLENCE IN THE HEART OF THE COMMUNITY





Hillside High School



Extra-Curricular Sports Clubs

**Monday**

Boys Football (Years 7 & 8), Netball Training (Years 7, 8, 9, 10)

**Tuesday**

Boys Football (Years 9 & 10), Netball Fixtures (Years 7, 8, 9, 10)

**Wednesday**

Girls Football (Years 7, 8, 9, 10), Boys & Girls Rugby (Years 7, 8, 9, 10), Boys & Girls Dance (Years 7, 8, 9, 10)

**Friday**

Boys & Girls Badminton (Years 7, 8, 9, 10)

'Excellence in the Heart of the Community'

Jump Back Up July 2024

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

- 1

Take a small step to help overcome a problem or worry
- 2

Adopt a growth mindset. Change "I can't" into "I can't...yet"
- 3

Be willing to ask for help when you need it
- 4

Find something to look forward to today
- 5

Get the basics right: eat well, exercise and go to bed on time
- 6

Pause, breathe and feel your feet firmly on the ground
- 7

Shift your mood by doing something you really enjoy
- 8

Avoid saying "must" or "should" to yourself today
- 9

Put a problem in perspective by seeing the bigger picture
- 10

Reach out to someone you trust and share your feelings with them
- 11

Look for something positive in a difficult situation
- 12

Write your worries down and save them for a specific 'worry time'
- 13

Challenge negative thoughts. Find an alternative interpretation
- 14

Get outside and move to help clear your head
- 15

Set yourself an achievable goal and take the first step
- 16

Find fun ways to distract yourself from unhelpful thoughts
- 17

Use one of your strengths to overcome a challenge today
- 18

Let go of the small stuff and focus on the things that matter
- 19

If you can't change it, change the way you think about it
- 20

When things go wrong, pause and be kind to yourself
- 21

Identify what helped you get through a tough time in your life
- 22

Find 3 things you feel hopeful about and write them down
- 23

Remember that all feelings and situations pass in time
- 24

Choose to see something good about what has gone wrong
- 25

Notice when you are feeling judgmental and be kind instead
- 26

Catch yourself over-reacting and take a deep breath
- 27

Write down 3 things you're grateful for (even if today was hard)
- 28

Think about what you can learn from a recent problem
- 29

Be a realistic optimist. Focus on what could go right
- 30

Reach out to a friend, family member or colleague for support
- 31

Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS Happier · Kinder · Together

EXCELLENCE IN THE HEART OF THE COMMUNITY

Athletics

A couple of weeks ago over 70 Hillside pupils took part in both the South Sefton and Sefton athletics events at Litherland Sports Park and Wavertree Athletics centre. All pupils displayed exemplary attitude and excellent effort, with several winning their individual and team events. As the sun shone pupils ran, jumped and threw to the best of their ability and were a real credit to the school.



Oracy

Success Criteria for Pupil Talk

- One person speaks at a time
- Positive body language and make eye contact with the speaker
- Speak with a clear voice
- Demonstrate active listening e.g. nodding head to demonstrate understanding, asking a question to clarify understanding

Let's talk about it...

Would you rather have x-ray vision or magnified hearing?



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