



**HILLSIDE  
HIGH SCHOOL**  
WADE DEACON TRUST

EXCELLENCE IN  
THE HEART OF  
THE COMMUNITY

## Dear Parents/Guardians,

I hope you enjoy reading this week's newsletter. It's my pleasure to share with you an article written by one of our Year 10 pupils Jess, who wanted to raise awareness of Cerebral Palsy. I have respected Jess since the day I met her in Year 6 and when you read her story I'm sure you agree she is a true inspiration to us all.

A highlight of last week was our MacMillan cake sale. This is a charity close to our hearts, as it has supported many families in our school community in extremely difficult times. We were delighted to raise £215. As always our pupils did us proud.

For Year 11 pupils and their families please see inside this week's newsletter for details of College Open Evenings, it is really important that Year 11 attend these to make an informed decision about their next steps.

**Amanda Ryan, Principal**

## Student Council 2024-2025

The Student Council met for the first time last week to be introduced to their important role for the year. Pupils also received their prestigious 'Student Council' badges which they now wear on their blazers with pride.

The Student Council is a body of young people from each year group who will make decisions, put on events, fundraise, share opinions and views from their year group and bring about change for good within and outside of our school! Every form group from Year 7 through to Year 11 have at least one representative on the council to ensure everyone has a chance to feedback about life at Hillside.

As well as providing a useful forum for pupil voice, the Student Council will also be working on the 'Social Signature' project which focuses on the very important idea of social action to make an impact on the lives of the people around us, our community and the world. Every member of the Student Council will be given the opportunity to lead on a project which improves either our school or local community in a meaningful way.

I am so proud to be working with such a fantastic group of young people and I'm looking forward to bringing about positive change alongside them.

A Massive 'Well Done' to all our Student Council representatives. I can't wait to see everything they are going to achieve this year.

**Mr Rayson**

**Mrs Ryan**



## Raffle Prize

Well done to Christopher who won the raffle prize at our 'Welcome to GCSE Event'.

**Hillside High School**  
Presents  
Tickets Available via ParentPay

# SHREK

THE MUSICAL JR

Wednesday 16th & Thursday 17th October 2024 - 7PM  
Adult—£8 Child/Concession—£5

Based on the DreamWorks Animation Motion Picture and the Book by William Steig

Book and Lyrics by David Lindsay-Abaire Music by Jeanine Tesoro

Originally produced on Broadway by DreamWorks Theatricals and Neal Street Productions  
Original Production Directed by Jason Moore and Rob Ashford. "I'm a Believer" by Neil Diamond

This amateur production is presented by arrangement with Music Theatre International All authorised performance materials are also supplied by MTI  
www.mtishows.co.uk



Jess & Mrs Ryan



Friday 4th October 2024

## Team Around the School

Hillside High School are excited to be a part of Sefton Council project called Team Around the School (TAS). The TAS Team is made up of a number of professionals who will come together to support you – these are made up of an Early Help Worker (Yvonne), Social Worker (Ellie), School Nurse, Inclusion consultant and a Mental Health Support worker. The team working collaboratively with the school also have access to a huge number of colleagues from supporting teams who they can contact for varied support. The Team Around the School (TAS) can support with concerns on any of the following.

- Family routines, child development, attendance, sleep
- Health concerns
- Speech and language
- Money worries
- Emotional health and wellbeing
- Managing behaviour and setting boundaries
- Drug or alcohol misuse
- Parenting

Ellie and Yvonne from TAS will be holding drop-ins at The Cambridge Centre and also Bedford Road Primary School which Hillside Parents can also attend. More details can be found on the school website <https://shorturl.at/5tQF9>

Alternatively, if you would like to speak to a TAS support work directly, you can contact the school office or send an email to [admin@hillsidehigh.co.uk](mailto:admin@hillsidehigh.co.uk) who will be able to provide you with contact information. You can also request a referral through your child's Progress Leader.

For more information about the project - please click here :- <https://www.sefton.gov.uk/childrens-services/early-help/helping-families-early-what-we-do/team-around-the-school/>



**Miss Jones**

## MacMillan Cake Sale

On Friday 27th September Hillside held its very own cake sale to raise money for Macmillan, the fantastic charity that has supported so many families through difficult times within our school community. At break time our pupils joined thousands of people up and down the country who were holding their own events in support of Macmillan. We are proud to say that we raised £215! A big thank you to all those pupils who bought cakes and also to Miss Tarnowska, Miss Sreekumar and those pupils who ran the cake sale.

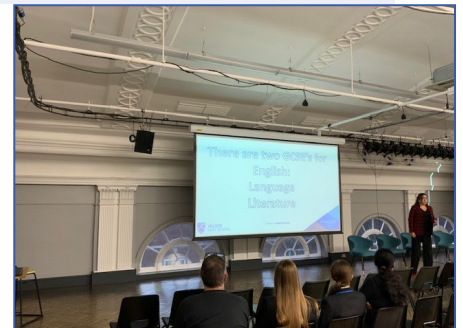
**Miss Collins**



## Welcome to GCSE

It was lovely to see our Year 10 pupils and their families attend our 'Welcome to GCSE' event on Monday evening. Leaders of English, Maths and Science shared vital information about their GCSE courses and hints and tips on how to make a strong start in these subjects. Pupils also received their Knowledge Organisers and other resources to support them over the next two years.

**Miss O'Hara**



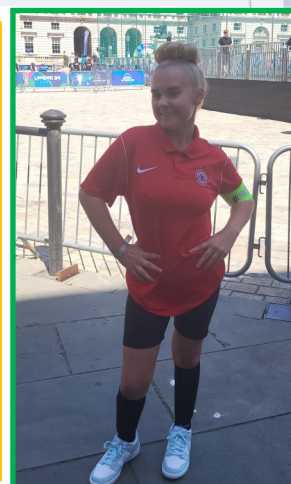
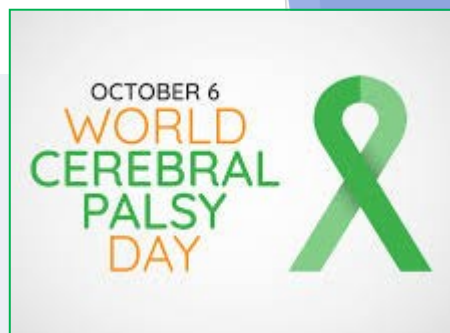
## World Cerebral Palsy Day

Every year on the 6th October people all over the world take the opportunity to come together to celebrate the resilience, diversity and vibrancy of people with Cerebral Palsy. Jessica McDonald in 10SW would like to share her amazing story with you.

"Hi, I am Jess and I have cerebral palsy. I have mixed Cerebral Palsy. Spastic quadriplegic and spastic diplegia. Spastic quadriplegic means it effects my upper limbs and spastic diplegia effects both of my legs. Some people have spastic hemiplegia which only effects one side of the body. CP is a lifelong condition but you can manage it with physio, speech, occupational therapy etc. CP is a brain injury you can be born with whilst in the womb or if your starved of oxygen at birth (like me) you can never catch CP, it isn't contagious, don't worry!

I spent my first few weeks of life on a life support machine and I was cooled in an incubator to minimise my brain damage. At 3 years old I had selective dorsal rhizotomy 'SDR'. SDR is an invasive spinal surgery that severs the nerves to get signals to the muscles. Also I had orthopedic and neuro-surgery. CP can effect everyone differently. 75% experience chronic pain (like me with cramps and spasms) 33% can't walk, 33% have hip replacement, 25% can't communicate and 6% are tube fed. When you have CP you will use some equipment to help assist you like a wheelchair and splints. When I was young I suffered a cardiac arrest and my survival rate was really low. With my determination and strength I now play football and I danced in Paris last year with my dance group and we dance again in Spain this year! My purpose is to raise awareness and to always support people with challenges like me, to always have a grateful attitude and most of all be kind."

Today we are selling green ribbons to show our support and raise awareness for people with Cerebral Palsy like Jess.



## College and Sixth Form Opening Evenings



Sefton  
Sixth Form  
College

### Open Evening

17  
OCT

Sefton Sixth Form  
College  
5:00pm - 7:00pm

### PROUD TO BE KGV

OPEN EVENING 9 OCTOBER | 4.30-7.00PM

Explore our fabulous centre of academic excellence.

FIND OUT MORE... →

KG  
V  
SIXTH FORM  
COLLEGE



The City  
of Liverpool  
College

Event Type— Open Day

Date: 8 October, 2024

Time: 4:30pm

# Safeguarding, Emotional Wellbeing and Mental Health

## World Space Week 2024: How Space Exploration Can Help Fight Climate Change

Every year, from October 4th to 10th, people around the globe celebrate World Space Week, and in 2024, the theme is something we all care about: "Space Exploration and Climate Change." But how are these two topics connected, and why does space matter for our planet's future? Let's dive in!

### What is World Space Week?

World Space Week is the largest space event on Earth! It's a chance to celebrate everything amazing about space exploration—how humans have travelled beyond our planet, and what we've learned from it. This event helps us understand how space science improves life on Earth. In 2024, it's focusing on how space technology and exploration can help tackle one of the biggest challenges we face today: climate change.

### How Does Space Help with Climate Change?

It might seem strange at first to think space can help with climate change, but the two are closely linked. Here's how:

1. **Satellites Monitor Earth** - Satellites orbiting our planet play a huge role in tracking climate change. They gather data on things like melting ice caps, rising sea levels, and deforestation. This information is super important because it helps scientists understand how fast our climate is changing and what we can do about it.
2. **Better Weather Forecasting** - Ever wondered how weather apps can predict storms and natural disasters? Space technology helps make weather predictions more accurate. This means we can better prepare for events like hurricanes or floods, which are becoming more common due to climate change.
3. **New Energy Solutions** - Space missions help researchers come up with new ways to create cleaner energy. For example, scientists are exploring how to use solar energy collected in space to power Earth. This could lead to a future where we rely less on fossil fuels and reduce our carbon footprint.
4. **Learning from Other Planets** - By studying planets like Mars or Venus, we can learn what happens when climates go wrong. Understanding their environments can teach us how to better protect our own planet.

### Why Should You Care?

Climate change is something that will impact all of us, especially your generation. By learning more about space exploration, you can discover how the tools we use in space are actually helping save Earth. Plus, space science is just really cool! There are so many exciting careers you could explore—whether you want to be an astronaut, engineer, or climate scientist.

### Get Involved!

The more we learn about space, the better we can protect our planet. After all, Earth is our only home—for now!



### Thought for the Week



09 OCTOBER 2024  
@HILLSIDE HIGH SCHOOL, BOOTLE  
5.15PM START - FOR TICKETS CONTACT SCHOOL OFFICE  
0151 525 2630 or admin@hillsidehigh.co.uk

An evening of hands on fun space science experiments for families to enjoy.  
Booking is needed as we have limited places for this event.

**WORLD SPACE WEEK  
HILLSIDE FAMILY COMMUNITY EVENING**

