



Dear Parents/Guardians

I hope you have had a good week. We have had a great week at school and were delighted to welcome back some of our Year 10 pupils. Even though lots of things are different in school, the pupils and staff have been amazing and without a doubt the pupils who have returned have greatly benefited from their sessions in English, maths and science.

As you will be aware, since lockdown we have started to use Instagram in addition to Twitter to celebrate the fantastic work our pupils have been producing. We felt it was timely to re-visit some guidance for parents and pupils around Instagram, I hope you find this information useful.

I hope everyone has chance to reflect on this week's Thought for the Week. In these current times it seems more important than ever to remind ourselves what a difference we can all make by, 'being warm, kind-hearted human beings'. I have seen so many examples of this during this week, particularly how Year 10 have supported each other in their return to school; as always I am extremely proud of our young people.

Mrs Amanda Ryan

Instagram Safety Tips

Instagram has a minimum age of 13.

Profiles can be public or private. By default they are set to public. Click on the settings button to check. By making an account private, it means only people you have approved will be able to see what they post on your grid and stories.

Username, photo and bio are always public. Check that these are all appropriate and that you would be happy for your parents to see them.

Location tagging. If this is enabled, all images posted will include a tag showing where they were taken / posted. It is important that this is switched off so that people can't trace you from your posts.

Managing Content—Community guidelines regarding what can / can't be posted can be found on help.instagram.com. If you see anything that worries you, makes you feel uncomfortable or that you think is inappropriate, **you must discuss with a trusted** adult who may advise you to do one of the following:

Unfollowing—If you are viewing content you don't want to see then you should unfollow that person.

Blocking— When you block a user, they are not allowed to see any content you post. They do not receive a notification to say they have been blocked.

Reporting Content—If a post breaks community guidelines then it can be reported so that it can be reviewed and permanently deleted is necessary. This is completely anonymous.

Before you post anything, remember the golden rule:

"If you wouldn't show it to your parents then you shouldn't post it online"



Hello Year 8

I hope that you have all had a good week so far and that you and your loved ones are safe and well. Once again, another week has passed us by and it is still very strange not seeing you all in assembly, chatting on the yard at break and lunch times and popping into lessons to see all of the wonderful work you complete during a 'normal' school day. I continue to be impressed by the excellent standard of work being completed at home and the acts of kindness and support you are showing to each other, your families and the wider community. I am proud of you all Year 8 so please keep up the good work and look after each other.

I was delighted to hear from Miss Christian that a number of Year 8 pupils took part in the UKMT Junior Mathematical Challenge 2020 on Wednesday this week. It was an amazing opportunity for you to showcase your maths skills so congratulations to the pupils who took part and represented Hillside so well.

I know that these are still uncertain times for us all but please remember that staff at school are here to help and support you. Please get in touch with your class teachers if you need any help with your work and please feel free to get in touch with your Form Tutor, or me, if you need any support or if you just want to say hello. As the song goes... 'We'll meet again...' so until then, stay safe, keep smiling and look after yourselves and your families.

Best wishes

Miss Doran



Year 8—Weekly Timetable

Subject	Year Group	This week you will be learning about ...	To help you can use...	This week you should spend a maximum time of ...
English	8	Dialogue – punctuating speech. Narrative Writing – ‘A short story titled ‘Chaos’. The Hunger Games by Suzanne Collins. Complete all activities from Page 18 to Page 21 in your Home Learning work-pack.	Pages 18-21 in your work-pack; email from Mr Riddick.	2 hours
Maths	8	Ratio and Proportion	Hegarty Maths, TT Rockstars, Corbett Maths, BBC Daily Lessons	4 hours
Science	8	Can we edit genes to rid the world of pests?	Read the news article from ‘The Day’ found in the folder and complete the ‘You Decide’ questions. Complete the additional worksheet, also in the folder.	3 hours
Art	8	Frida Kahlo	Read the information about the Artist Frida Kahlo and complete the piece below by adding colourful flowers and Mexican pattern work in the background.	1 hour
Computer Science	8	Research online about the topic of ‘algorithms’ and make notes. Complete the algorithm and flowchart challenge task.	Your teacher will email you a link. BBC Bitesize. our teacher will email you a link.	30 mins
DT	8	Paper and board	Use www.technologystudent.com to help you work through the booklet on ‘paper and board’ found on the school website.	1 hour
Drama	8	Cloning technique and creating a monologue .	The cloning technique video https://vimeo.com/398909402 The resource emailed to you or in the home learning subject folder.	30 mins
Geography	8	Weather, Climate and Countries around the World	The information from Lesson 4 - Weather, Climate and Countries around the World on pages 16-19 from the Becoming an Expert Geographer booklet. <i>Extension - log onto Seneca and take part in the Weather & Climate assignment. To join Year 8 type in the class code: o2cc1rqvm.</i>	1 hour
Music	7 & 8	Performing, Listening and Composing. Complete the activities for each area. Follow this link: https://www.derbyshiremusicclub.org.uk/get-involved/music-at-home/secondary/week-4.aspx	BBC Bitesize, Try to play your keyboard, ukulele, or guitar every day using the resources available on YouTube to guide your learning. YouTube	1 hour
RS	8	Ways to embed your learning about Christianity (web-based learning) OR Jesus’ crucifixion (booklet-based learning)	This lesson is to be completed through the Oak National Academy link - https://www.thenational.academy/year-8/religion/christianity-recap-year-8-wk6-1 . If you are not able to access Oak National Academy, please collect a booklet from the school and complete pages 10&11 .	30 mins
History	8	Why did women’s jobs change during the First World War?	Seneca Learning (at least 60 mins). Read the information and complete pages 90-94 of your work booklet.	2 hours
PE	8	Fitness – Strength, coordination, cardiovascular endurance, agility, speed, power, reaction time.	Create your own circuit at home using the exercises and ‘difficulty’ levels on the attached website. You don’t need any equipment at all and these will get your heart rate up and keep you healthy whilst you’re at home! Let your PE teacher know in an email how you have got on and if you want more exercises to throw in as well! https://www.livestrong.com/article/115989-circuit-training-exercises-equipment/	5 mins
Dance	8	Let’s really focus on our performing skills this week – this dance tutorial is based on Little Mix – enjoy!	https://youtu.be/GXjlrtpZOA Use the link to access the tutorial.	1 hour
MFL	8	Holidays	Complete Task 4 in your Spanish home learning booklet. Use the sentence builder to translate past tense sentences about holidays into English.	1 hour