



Hillside High School

Excellence in the Heart of the Community



Friday 11th October 2019

Wade Deacon Trust

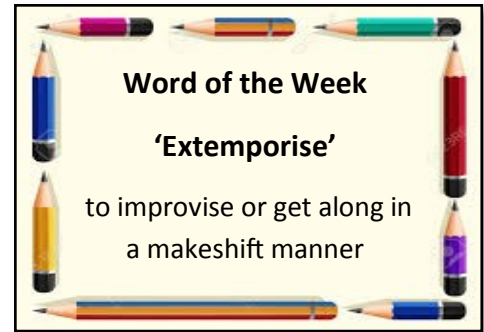
Dear Parents/Guardians

At Hillside we take careers guidance and the aspiration of our pupils extremely seriously. I am therefore delighted to share with you information about our most recent careers event, our college and university fair for pupils in Year 9,10 and 11. I know from speaking to pupils that they find these events invaluable and appreciate having the opportunity and time to find out more about all the exciting opportunities which are available to them. Yesterday was World Mental Health Day and this week's newsletter contains a really informative piece that I hope our pupils will read.

Thanks to all our Year 7 parents who attended our 'coffee and catch up' events yesterday. Both sessions were really well attended and it was great to get such positive feedback from parents about how their children have settled into our school and life in Year 7.

Last night was our World Space Week event and again it was fantastic to welcome so many primary aged pupils, and our own pupils, back to school for an informative and entertaining evening. I look forward to sharing more details with you in next week's newsletter. Could I finish by saying a massive well done to all pupils on a fantastic week of attendance, keep it up in the coming weeks to have a chance of winning one of the vouchers mentioned above.

Mrs Amanda Ryan



Attendance Rewards
Last 2 Weeks of Half Term
If you are in school every day from
14th October 2019—24th October your name will be
entered into a prize draw to win vouchers
to spend at either Nandos or Pizza Hut.
Enjoy a treat with your friends/family this half term

Girls football is on the rise

The Hillside girl's football team played their first two games of the season in recent weeks winning one and losing the other. The girls have been training hard on Wednesdays after school and have shown great team spirit, enthusiasm and determination. The PE department are so proud of the way that they conduct themselves, and also how the different year groups have jelled together. Particular praise should go to Freya White, who as captain, leads by example and encourages and supports the younger pupils. If any girls would like to get involved in football please see Miss Austin for further details or simply attend training on a Wednesday after school.



Mr Clarke

SMSC (Spiritual, Moral, Social & Cultural) Corner

This week's theme: Poverty Awareness Week

SMSC Focus: Moral

In this week's assembly, pupils will be asked to reflect on what they can do to help solve hunger. Pupils will learn about how hunger affects people globally and also on a local scale and what they can do to help. All week, we will be taking donations for the local food bank and we will also have a small change collection taking place during registration.

Career of the week

Career: Biochemist

Skills:

- Working as part of a team
- Accuracy
- Finding solutions to problems
- Paying attention to detail
- Being logical

Average Salary: £43,680

Useful Subjects:

Biology, Maths, Chemistry, English, Technology subjects

For more information please see www.myworldofwork.co.uk

'A Commitment to Excellence'

Exceptional Values

Exceptional Learning & Teaching

Exceptional Achievement

College & University Fair

On Friday 27th September all Year 9, 10 and 11 pupils had an invaluable experience at our College & University Fair. The fair was held in the new LRC, which was packed with many different organisations who offer post 16 qualifications and University degrees across Merseyside.

Feedback from pupils suggests that the experience was really valuable as it helped them to develop their understanding of the qualifications that are available after they leave school. The different organisations also commented on how confident, professional and engaging Hillside pupils were and they were very impressed with the quality of questions which pupils asked.

If you would like any more information on the colleges and universities who attended please see me.

- Liverpool Hope University
- Hugh Baird College
- Hugh Baird University
- Southport College and KGV College
- David Campbell Soccer School
- LLS Sport
- JM Recruitment
- Liverpool University
- Edge Hill University
- Wirral Met
- Birkenhead Sixth Form
- Everton Sixth Form
- City of Liverpool College
- LIPA Sixth Form/ University
- Myerscough College



Mr Haygarth

Here are the Hegarty Maths names:

- Year 7 — Jessica Harrington 7SE & Callum Dunn 7RLC
Year 8 — Ashton Beard 8AMR & Vincent Zhen 8AMR
Year 9 — Ellie Kavanagh 9MW & Beth Scott 9MW
Year 10—Lillian Newman 10SC & Joseph Zhang 10SW
Year 11—Yi Ning Weng Mei 11DC & Faye Vaughan-Hardy 11TG

Here are the TT Rockstars names:

- Year 7— Jessica Harrington 7SE, David Kotwicki 7DT
& Lewis Bordessa 7DT
Year 8— Joshua Dickinson 8AMR, Anthony Coventry 8AMR
& Joel Bassett 8AMR





World Mental Health Day Thursday 10th October 2019

What's worrying you?

Everyone worries about things that happen at school from time to time. It's a rare student who sails through school without experiencing some sort of issue. There's a lot of pressure to get good results, and the stresses and strains of school life can sometimes feel too much. The important thing is to recognise there's a problem to be solved and ask for help as soon as you can.

Some school problems you might worry about include:

- Finding schoolwork difficult, or having problems concentrating in class if others are noisy and disruptive.
- Tricky relationships with friends and friendship groups.
- Not getting on with teachers, feeling like you are labelled as 'trouble'.

Bullying

- Problems at home - your parents' relationship, sibling issues, a housing problem or simply feeling unsupported.
- Specific difficulties such as dyslexia or attention deficit hyperactivity disorder (ADHD).

How do you feel?

Any of these things can make you feel very unhappy and out of control. You may feel sick, have headaches or stomach aches, or find it hard to get up and get ready for school. Your marks may drop and you feel less motivated to do homework. You may feel stressed and angry, or withdraw and develop depression or low self-esteem. It may be that you feel these emotions at school, but you are fine when you get home. Some people may become reluctant to go into school, or even refuse to go at all. In extreme cases, they may truant without their parents knowing or exhibit behavioural problems such as lying, stealing or being aggressive.

What can you do?

If you're worried about any aspect of school, it's important to talk to your parents/carers or a trusted adult about what is bothering you, as soon as possible. They can approach the school to address the problems and work together to help resolve them.

If you think you may have a mental health issue, speak to your GP who can refer you to Child and Adolescent Mental Health Services (CAHMS) if necessary. When you're over 11 you can also access youth counselling services. There may be different options available depending on where you live, so even if you're not 11 yet, speak to your GP to find out more. If you are a parent or carer of a child or young person who has school worries, we are here to help you.

Where to get help

YoungMinds Crisis Messenger

- Provides free, 24/7 crisis support across the UK if you are experiencing a mental health crisis, if you need urgent help text YM to 85258. All texts are answered by trained volunteers, with support from experienced clinical supervisors. Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.
- **www.samaritans.org**—If you're in distress and need support, you can ring Samaritans for free at any time of the day or night. Freephone (UK and Republic of Ireland): 116 123 (24 hours), Email: jo@samaritans.org
- **www.childline.org.uk**—If you're under 19 you can confidentially call, email, or chat online about any problem big or small Freephone 24h helpline: 0800 1111.
- Sign up for a childline account on the website to be able to message a counsellor anytime without using your email address, chat 1:1 with an online advisor.
- **www.themix.org.uk**—If you're under 25 you can talk to The Mix for free on the phone, by email or on their webchat. You can also use their phone counselling service, or get more information on support services you might need. Freephone: 0808 808 4994 (13:00-23:00 daily).

Mrs Cross





Behaviour Coding- raising Standards and Expectations here at Hillside

At Hillside we strongly believe that every pupil has the right to learn and every teacher has the right to teach. To ensure that we maintain these high standards and expectations in terms of behaviour for learning we have a clear policy of procedures that teachers will use to manage behaviour within the classroom. The key points are outlined below and a full copy of the Behaviour for Learning Policy can be found on the school's website.

Every lesson each pupil will be issued a number on the register in SIMS. This number indicates their attitude and behaviour during that lesson:

- 1= *Outstanding: Expected behaviour followed 'The Hillside Way' and gone above and beyond.*
- 2= *Good: Followed 'The Hillside Way' throughout the lesson.*
- 3= *Improvement required: as the pupil has not demonstrated one or more aspects of 'The Hillside Way'.*
- 4= *Serious cause for concern: not demonstrated 'The Hillside Way' in a serious manner disrupting teaching and learning.*

If a pupil receives a 4 for a lesson then a member of Senior Staff or a Progress Leader will come and talk to the pupil about this and then they may be removed from lessons for the rest of the day to work in our Removal Room. During the course of a lesson pupils will be given the opportunity to 'fix' their behaviour and each member of staff will follow a series of steps/ consequences to support pupils in addressing their behaviour. If the pupil does not choose to amend their behaviour the teacher may call for a member of Senior Staff and again, this may result in the pupil being removed from all lessons.

The series of steps/consequences are outlined below for information:

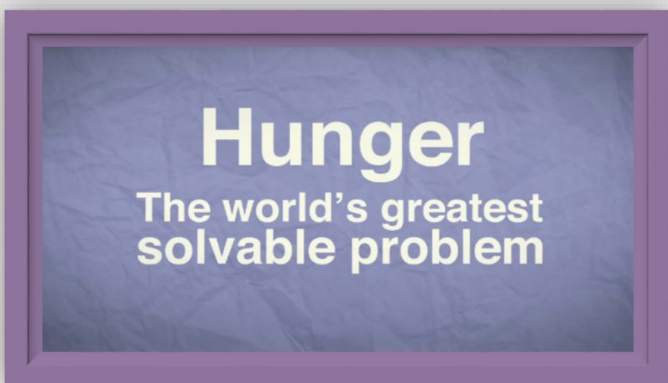
What will happen if you don't – what is the consequence?

- C1 - First verbal warning, name on the board and pupil aware of why. E.g. 'Name you are still talking over me, that is your first warning' or could be about the level of work they are producing.
- C2 - Second warning, pupil is moved seats.
- C3 -Teacher speaks to pupil at the classroom door.
- C4 –After the conversation with the teacher the pupil will be given one more chance, if their behaviour doesn't change member of SLT/Pastoral will be called and they will be removed from the lesson.

The expectation for pupils who are removed from lessons to work in the Removal Room is that they will work in silence for the rest of the day. Mr Smedley (Inclusion Manager) and Mr Gallagher (Inclusion Mentor) manage the day to day running of the Inclusion Base and if a pupil's behaviour in the Remove Room does not meet the expectations required, then they will be given a 1 hour detention for that day. Contact will be made with home to inform parents/guardians of this. In the rare case that a pupil still fails to meet expectations then parents/guardians will be required to attend a meeting in school the following day to address this and there is a possibility, and in extreme cases, where pupils fail to cooperate, the most likely outcome would be a Fixed Term Exclusion and for pupils who persistently breach the school's behaviour policy then they would be at risk of permanent exclusion. For the majority of pupils they have nothing to worry about and we look forward to continuing to recognise the positives and rewarding those pupils who regularly receive 1s for their lessons. If you would like to discuss any aspect of this article please contact your child's Progress Leader, Mr Smedley, Inclusion Manager or Mrs Cross Assistant Vice Principal, Pastoral.

Mrs Amanda Ryan

Thought for the week



Key Dates 2019

Year 9—Welcome to GCSE:	Wednesday 16th October 5.45pm
Presentation Evening	Thursday 24th October 7.00pm, Bootle Town Hall
End of term:	Thursday 24th October 2.45pm
Start of term:	4th November 2019
Remembrance Evening:	7th November 2019, 7.00pm

