



Dear Parents/Guardians

I wanted to use this opportunity to write directly to our pupils and say how much I can't wait to see them back in school next week. You should know when your first test is and following this you return to school on the following days:

Monday 8th March: Year 11

Tuesday 9th March: Year 10

Wednesday 10th March: Year 7

Thursday 11th March: Year 8 & 9

This means by Thursday all of our school will be back together.



Your school day is the same as it was in the Autumn Term. We've included it on the back of this newsletter just in case anyone has forgotten. When your return on your first day you need to go straight to your base where your Form Tutor will be waiting for you, everyone's first day back will start with a form period. You need to remember your mask and wear this at all times now, including in your lessons. All the things we did in the Autumn Term to keep ourselves and our school community safe remain the same, for example washing your hands or when this isn't possible using the hand sanitiser stations around school, where possible you need to exercise social distancing and you must always wear your mask.

We had such a fantastic Autumn Term with you all in school, we need to pick up where we left off when you return next week. I speak on behalf of all the staff here at Hillside when I say we can't wait to see you, school is not the same without you and we have missed you so much. If you are worried about anything to do with returning to school do not hesitate to contact your Progress Leader, who will be only too happy to help.....as you can see below, they have missed you too!

I know some of you like a challenge, so if anyone can figure out the reason why I'm pictured with a 100 balloon, drop me an email and if anyone guesses correctly there will be a prize in it! If you email v.convey@hillsidehigh.co.uk - your email will reach me.

Looking forward to seeing you all next week.

Mrs Amanda Ryan, Principal



Hello Year 7, well I'm so pleased that the wait is nearly over and it will shortly be time for us to be back together again. I am so looking forward to seeing you all and watching you continue on your Hillside journey. If you have any worries or concerns I am here to support you all. Take care and I will see you all next week. Mrs McCarthy



Hi Year 8! Just a quick message to let you all know I will be looking after you until Mrs. Harper returns. Everyone here at Hillside cannot wait to see you, it's been very quiet without you all. We hope you are as excited as us that school is reopening. See you very soon! Mrs Buckley



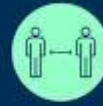
Hello Year 9, I am so proud of the mature approach that you have taken during these strange and difficult times so I will be thrilled to see you all in person and have our year group back together again. I hope that you are all excited to return to school but if you have questions or worries, please do get in touch as I am here to support you all. Here's to a fantastic end to Year 9! Take care, stay safe and I shall see you very soon. Miss Doran



Hello Year 10, What a year it has been already! Staff at Hillside are really looking forward to you returning, as am I... a school isn't a school without pupils. I've missed seeing and speaking to you all! As always, if you have any concerns or questions once you are back in the school building, then please don't hesitate to see me, I am always here to help. Can't wait to see you Year 10! Miss Banks



Hi Year 11, I am really excited to welcome you all back to school next week. I know this has been a strange and difficult time and I am so impressed and proud of how you have all adapted to this way of working. I can't wait to see and speak to you all face to face! There is still lots of work to be done but I am so pleased we are able to come back together as a year group for these last couple of months. So let's have an amazing end to Year 11! Take care and see you all next week. Miss Roby



Supporting our Pupils Returning to School Emotional Wellbeing and Mental Health

We understand that there may well be a mixture of feelings about the reopening of school next week with both excitement and perhaps nerves taking equal measure. As ever we will support all our pupils as best we can to make the transition back into school as smooth as possible and we have no doubt that our pupils will show the resilience and bravery that they showed back in September.

Please do not hesitate to contact your child's Progress Leader if you feel your child needs additional support with the reopening of school and may we remind all parents/guardians that we do have a counsellor in school 2 days per week. If you feel your child would benefit from this service please again talk to your child's Progress Leader who can talk you through the referral process.

The following tips come from the 'Place to Be' website who have some recommended strategies for young people coping with the next steps of returning to school.

Promoting Self-efficacy – Believe in yourself

While it is natural to have feelings of helplessness and uncertainty, especially during the current crisis, it is important for young people to feel that what they say and do matters and that their actions can make a difference. Self-efficacy is the belief that we can make a difference and have strengths we can draw on in times of challenge. It's also a core belief underpinning motivation, and emotional wellbeing.

Have hope

Research indicates that hope significantly and positively correlates with psychological well-being and coping in the face of adversity. Higher hope is related to better overall adjustment, while hope has also been described as "a personal rainbow of the mind". The rainbow has been used as a symbol of hope in many households during the coronavirus pandemic.

Being Grateful

Understandably our thoughts and feelings may be focused on the challenges of recent events and it's not always easy to find things to be grateful for. However, studies suggest that finding things to be thankful for is important for our wellbeing, leading to physical and psychological benefits, as well as being a 'social glue' that connects people.

Connect with Others

After some time away from each other, humans often have a strong desire to re-connect. Although many of our pupils may have stayed digitally connected with each other, they may have missed being part of a bigger class, year group and whole school community. There is a large body of research on the central importance of social support and social groups in combating stress and overcoming adversity.

Mrs Cross





gcsepod
education on demand

Top Podders are the pupils who have streamed the most pods
Questions Answered are the pupils who attempted the most questions

Diamond League - are the pupils who have answered with the most accurate knowledge, the more correct responses, the more diamonds.

GCSE Pod For KS4

TOP PODDERS

1st Samantha H, Year 10 - 20

2nd Shalom M, Year 11 - 11

3rd Cameron T, Year 10 - 7

Excellence in the Heart of the Community

GCSE Pod For KS4

DIAMOND LEAGUE

1st Harry E, Year 11 - 315

2nd Joseph Z, Year 11 - 203

3rd Ewelina G, Year 10 - 143

Excellence in the Heart of the Community

GCSE Pod For KS4

QUESTIONS ANSWERED ?

1st Harry E, Year 11 - 177

2nd Joseph Z, Year 11 - 136

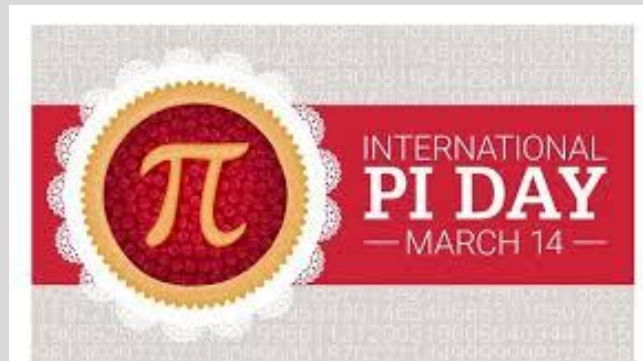
3rd Kelly L, Year 11 - 81

Excellence in the Heart of the Community

Pi Day 2021!

Pi Day is traditionally celebrated on the 14th March each year. This year this falls on a Sunday, so to make sure that we don't miss out on the celebrations we will be celebrating Pi Day throughout next week. Our Pi competition will be launched on Monday 8th March so make sure that you keep your eyes peeled on our maths Instagram and twitter accounts to see how you can take part. During next week we will also be sharing facts about Pi and brainteasers for you to get involved in via our social media channels!

Make sure that you are following us on Instagram and Twitter so that you don't miss out on the fun!



Miss Christian

Times Tables Rockstars

A massive well done to our TT Rockstars this week, they are:

Year 7:

Lola Taylor 7GW, Harry O'Leary 7RS
and Kiera Cooke 7THE

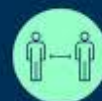
Year 8:

Luke Garnett 8SO, Matilda Allen 8RLC
and Anthony Jennings 8SO



Miss Christian





The School Day 2020-2021

Please note all pupils will enter school via the back yard, through the doors by the Gym.

Time	Activity	Break / Lunch timings
08.35	Year 7 arrive – Form time till 9am.	
08.45	Year 8 and 9 arrive – Form time till 9am.	
09.00	Y10 and 11 arrive, go straight to Period 1.	
09.00 – 10.00	Period 1	
10.00 – 11.15	Period 2 (Incorporating Break)	Y8,9 Break 10.00 – 10.15 Y7 Break 10.30 – 10.45 Y10, 11 Break 11.00 – 11.15
11.15 – 12.15	Period 3	
12.15 – 13.45	Period 4 (Incorporating Lunch)	Y8,9 Lunch 12.15 - 12.45 Y7 Lunch 12.45 – 13.15 Y10,11 Lunch 13.15 – 13.45
13.45 – 14.45	Period 5	
14.45	Year 7,8,9 Staggered release, class by class	
14.45 – 15.00	Form time Year 10,11	
15.00	Staggered Release, Form by Form	

At the end of the day Year Groups will exit the building through the following:

Year 7: Dining Hall doors

Year 8: Southport Road side exit

Year 9: Stuart Road side exit

Year 10: Southport Road exit

Year 11: Dining Hall doors

Pupils will be able to make their way outside the school building to other sides if necessary eg. To get a lift from Stuart Road.



Pupil Planner
Pencil Case
Pen & Pencil
Ruler
Calculator
Drama/PE Kit
Bag