



Dear Parents/Guardians

There is nothing that makes me happier than receiving a letter about one of our pupils. This week I was delighted to receive the most amazing letter about Matthew Porter in Year 8. Matthew has been volunteering every weekend at the Inclusive Hub and in recognition of this has been made an Inclusive Hub Junior Ambassador. It was my pleasure to award him with his certificate and badge. A fantastic ambassador for the Inclusive Hub, his family and our school.

We encourage all pupils to share with us the amazing things they do in their spare time and if you ever want to share any information about the successes of your son/daughter outside of school please do not hesitate to email Miss Convey at v.convey@hillsidehigh.co.uk who will pass the information on to me.

This week's newsletter also includes information about 'The Big Ask' this is a national survey which we are encouraging our pupils to participate in. The Hillside Way talks about participation and this survey gives our pupils a wonderful opportunity to have their voice heard at a national level.

I would draw everyone's attention to the article at the back of the newsletter about road safety. We are increasingly concerned about the way some of our pupils are crossing the road at the end of the school day. We have made this the focus of this week's assemblies and safeguarding article. Please support us by following this up with your child.

Please take care and remember Hands, Face, Space and Fresh Air!

Mrs Amanda Ryan, Principal



Meaningful May 2021

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Make a list of what matters most to you and why	2 Do something kind for someone you really care about	3 Focus on what you can do rather than what you can't do	4 Take a step towards an important goal, however small	5 Send your friend a photo from a time you enjoyed together	6 Look for people doing good and reasons to be cheerful	7 Let someone know how much they mean to you and why
8 Set yourself a kindness mission to help others today	9 Notice the beauty in nature, even if you're stuck indoors	10 What values are important to you? Find ways to use them today	11 Be grateful for the little things, even in difficult times	12 Listen to a favourite piece of music and remember what it means to you	13 Look around for things that bring you a sense of awe and wonder	14 Find out about the values or traditions of another culture
15 Do something to contribute to your local community	16 Look up at the sky. Remember we are all part of something bigger	17 Show your gratitude to people who are helping to make things better	18 Find a way to make what you do today meaningful	19 Send a hand-written note to someone you care about	20 Reflect on what makes you feel valued and purposeful	21 Share photos of 3 things you find meaningful or memorable
22 Find a way to help a project or charity you care about	23 Share a quote you find inspiring to give others a boost	24 Recall three things you've done that you are proud of	25 Make choices that have a positive impact for others today	26 Ask someone else what matters most to them and why	27 Remember an event in your life that was really meaningful	28 Focus on how your actions make a difference for others
29 Do something special and revisit it in your memory tonight	30 Today do something to care for the natural world	31 Find three reasons to be hopeful about the future				

ACTION FOR HAPPINESS **Happier · Kinder · Together**





Get your child’s voice heard and make a difference

The Children’s Commissioner for England, Dame Rachel de Souza, is launching a once-in-a-generation review of children’s lives.

It’s called ‘The Childhood Commission’ and it will identify the barriers preventing children from reaching their full potential and propose policy solutions to address these.

At its heart is ‘The Big Ask’ – the largest ever consultation held with children.

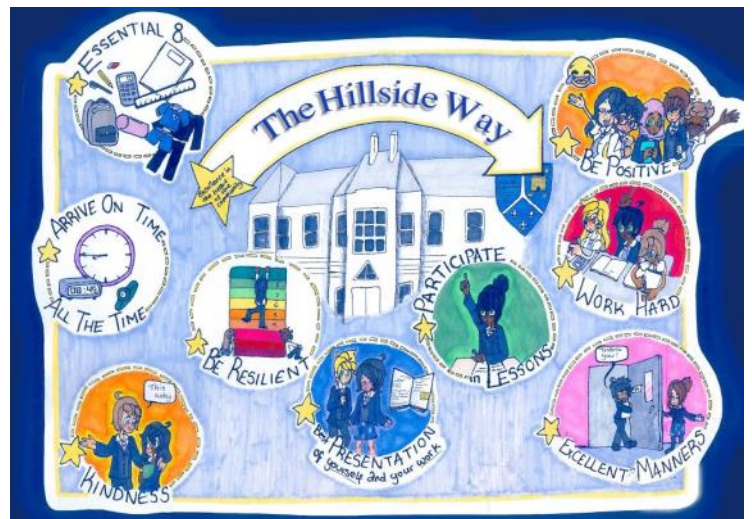
In this survey the Children’s Commissioner is asking children and young people what they think is important for their future and what is holding young people back. The Children’s Commissioner will use what children and young people tell her to show the Government what they think and what they need to live happier lives.

It’s an exciting opportunity to help us think big and it’s a chance for every child in England to have their voice heard.

To find out more or to take part, please head to:

www.childrenscommissioner.gov.uk/thebigask

Mrs Jones



Excellence in the Heart of the Community





Top students for the week beginning: 19th April 2021



hegarty

Mr Pattison

- Top students list: Jessica Harrington, Chantal Bazuaye, Jack Corbett, Ella Buckle, Joseph Zhang, Fiona Zhen, Grace Foster, Ebony Fraughan, Plamen Yliev, Erin Newall, Ava Ashcroft



gcsepod education on demand

Top Podders are the pupils who have streamed the most pods Questions Answered are the pupils who attempted the most questions Diamond League - are the pupils who have answered with the most accurate knowledge, the more correct responses, the more diamonds.

GCSE Pod For KS4 QUESTIONS ANSWERED 1st Harry E, Year 11 - 177 2nd Joseph Z, Year 11 - 136 3rd Ewelina G, Year 10 - 102

GCSE Pod For KS4 TOP PODDERS 1st James W, Year 10 - 33 2nd Sam H, Year 10 - 17 3rd Afia S, Year 10 - 9

GCSE Pod For KS4 DIAMOND LEAGUE 1st Harry E, Year 11 - 315 2nd Joseph Z, Year 11 - 203 3rd Kelly L, Year 11 - 133

Times Tables Rockstars

A massive well done to our TT Rockstars this week, they are:

Year 7:

Kiera Cooke 7THE, Joshua Williams 7THE,

Year 8:

Bluebell Evans 8SDo, Jessica Harrington 8NW, and Nathan Oyobagie 8NW



Miss Christian

Excellence in the Heart of the Community





Safeguarding, Emotional Wellbeing and Mental Health Bulletin



Teenagers are more at risk on the roads than they think. Most teenagers don't realise that they are more likely to be killed or injured in a road collision than any other age group. Here's how to help your teenager stay safe.

You could talk to your child and reinforce road safety messages to help keep them safe:

- stress the need to concentrate and be careful at all times
- warn of the dangers of distractions - listening to music on their phone, texting, phoning or even chatting to friends while walking are big distractions
- keep talking about the dangers of traffic
- point out people who are endangering themselves
- encourage your teenager to practice judging the speed and distance of approaching vehicles on busy roads and identify safe gaps in the traffic
- stress that your child should never lose concentration and follow others blindly into dangerous situations

Cycling

It is a good idea to:

- buy and encourage your teenager to wear a cycle helmet, and something fluorescent and reflective to improve their visibility
- encourage your child never to take lifts on the back of a friend's bike
- ask your child never to listen to music while they are cycling
- make sure your child knows that cyclists must obey all traffic signs and traffic light signals

Bus safety

Some teenagers take the bus to school and back all the time, maybe even every day. In fact, they're probably so used to it, they do it without paying much attention. But not paying attention could cost them their lives. It only takes a moment's lapse of concentration to cause death or serious injury. So your children should always expect the unexpected and never take risks going to and from the bus or crossing roads nearby. You should remind them:

- just because they are not small children does not mean they should not use The Green Cross Code
- just because their friends are chatting doesn't mean it's safe for them

Peace of mind

For your peace of mind, have routines that you can both stick to. You could try discussing the following points and finding an answer for each of them:

- what will they do if they miss the last bus home?
- do they have a mobile (fully charged), a phone card, money or know how to reverse the charges if they need you?
- what should your teenager do if they have to stay behind at school?

Mrs Cross

