



HILLSIDE HIGH SCHOOL WADE DEACON TRUST

Reminder: We break up Friday 27th May and return to school on Monday 6th June.

Dear Parents/Guardians,

As promised I am delighted to share in this week's newsletter the highlights of our recent Challenge Partners visit. The full report can be found on the website. The Challenge Partners Review allows parents to gain an up to date picture of the quality of education your child is receiving in our school. I am sure after reading the report you will feel as pleased as I do. As always, our pupils were exemplary throughout the visit, making the visiting reviewers feel welcome in our school and demonstrating the high standards we have day in and day out in terms of pupils and their conduct.

A massive well done to Frank on representing Sefton Schools in the final of the ESFA cup. A Hillside pupil doing us all proud.

Amanda Ryan, Principal

★ Pupil Achievements ★

Last Friday (13/5/2022) Frank Okpara (Year 8) represented Sefton Schools in the final of the ESFA National Cup. Sefton beat Liverpool District in the semi-finals and have defeated some of the best Boroughs in the country. They played Aldershot & Farnworth in the final at the Bet365 Stadium. Sefton won on penalties with Frank playing the entire game in his regular position as a right-sided centre half, with the team being crowned the best district in the country at Under 13s level. Everyone at Hillside is very proud of you, Frank, and all your classmates were cheering you on, during Friday afternoon in their classrooms as they watched the live stream on YouTube.

Good luck going into next year, Frank! More glory to come! Well done. You should be very proud!



It's Hairspray!

The Performing Arts department are super busy this term preparing for the summer production of Hairspray. We were delighted to have over eighty pupils attend the auditions and were simply blown away by the talent and enthusiasm in the room! Our cast are now working extremely hard to bring you a show that promises to raise the roof on the evenings of 13th and 14th July. Tickets will be on sale after the half term break. Rehearsals will continue every evening 3pm - 5pm with some additional half term and weekend rehearsals coming up.

We are currently gathering 1960s style costumes and props for the show, if anybody has any donations they can make please get in touch with Miss Brown in the Drama department.

Miss Brown



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Challenge Partners

We are incredibly proud to share more details of our Challenge Partners Report we received last week. Challenge Partners believes the best way to enhance the life chances of all pupils through collaboration between schools. As part of the programme we have four trained reviewers on our Leadership Team who have the opportunity to visit other schools and we have a visiting team of reviewers to challenge us, about our ways of working and how we can further develop as a school. This report is a summary of the findings of the reviewers.

The reviewers praised leaders at all levels for their aspirational vision of ‘Excellence in the Heart of the Community’

‘The Principal and her team have developed a culture in which the highest expectations of students and staff are the norm. Senior Leaders are highly skilled at ensuring that all staff feel a valued part of the team. Everyone shares the vision and values of the school’

The work our Subject leaders and teachers have put into developing their curriculum and choosing the right knowledge at the right time was also recognised.

‘Subject Leaders know their subjects and areas of responsibility well and ensure there is sufficient breadth to the curriculum. The identification of core knowledge within departments has paid dividends. It is evident, when visiting lessons, that teachers are clear about what students should know and remember’

Our focus on reading came through in all areas of school with pupils and staff talking positively about our reading culture and changes we have made to support developments in reading.

‘As a result of deploying effective reading strategies, more students are now confident readers and can decode unfamiliar words on their own’

We are passionate about supporting the Personal Development of our pupils in addition to supporting them in getting the best academic outcomes. This was evidenced when reviewers stated:

‘The curriculum also includes a range of opportunities for students to develop their personal and social skills. A Year 11 assembly around the concept of kindness allowed students to reflect on the importance of being kind to yourself, others and the planet’

As always, our pupils demonstrated the Hillside Way with exceptional behaviour and attitudes. Reviewers recognised the safe learning environment pupils have and how this is secured through strong relationships between pupils and staff.

‘Students demonstrate positive attitudes to learning and, in the best lessons, are resilient and not afraid to make mistakes. In all lessons visited, students benefit from positive relationships with their teachers’

Pupils talked positively about the high quality feedback they receive every lesson to improve their learning. This was also seen in lessons and pupils books.

‘Feedback has a tangible impact on students’ progression’

It is a team effort here at Hillside to support our pupils. Reviewers talking positively about support seen in lessons from Teaching Assistants and of how the new Tutor Team at Hillside are passionate about improving outcomes and confidence of our pupils.

‘Trusting relationships between teachers and teaching assistants (TAs) help students to successfully access the curriculum’

We could go on and on as there are many positive quotes we could take away from our report. We are always determined to strive forwards in our mission of ‘Excellence on the Heart of the Community’ and we are excited to keep moving forward on our journey in making sure our pupils have exceptional provision and make excellent progress both in their academic and personal development. Congratulations to all our school community for this positive feedback as a school, we couldn’t do this without our wonderful pupils, the support of their families and every single member of staff here on our Hillside Team.



GCSE Pods

Top Podders are the pupils who have streamed the most pods.

Questions Answered are the pupils who attempted the most questions.

Diamond League - are the pupils who have answered with the most accurate knowledge, the more correct responses, the more diamonds.

| | | |
|---|----------------------------|--|
| | GCSE Pod For KS4 | |
| DIAMOND LEAGUE | | |
| Beth S, Year 11 - 179 | | |
| Lily B, Year 11 - 63 | | |
| Seth W, Year 11 - 53 | | |
| Excellence in the Heart of the CPIC-COLLAGE | | |

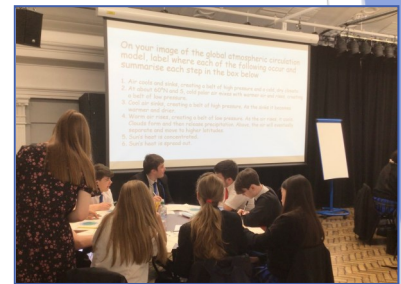
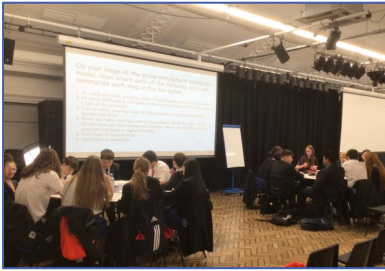
| | | |
|---|----------------------------|--|
| | GCSE Pod For KS4 | |
| TOP PODDERS | | |
| Charlie A, Year 11 - 325 | | |
| HaiYing X, Year 7 - 69 | | |
| Lily B, Year 11 - 48 | | |
| Excellence in the Heart of the CPIC-COLLAGE | | |

| | | |
|---|----------------------------|--|
| | GCSE Pod For KS4 | |
| QUESTIONS ANSWERED ? | | |
| Beth S, Year 11 - 127 | | |
| Lily B, Year 11 - 54 | | |
| Samantha H, Year 11 - 50 | | |
| Excellence in the Heart of the CPIC-COLLAGE | | |

Geography

Two weeks ago we had 12 trainee Geography teachers from Edge Hill join a number of our year 11s to deliver a two-hour revision session. There were a number of different sessions hosted by paired students. The sessions were based around the students' upcoming GCSE exams. They looked at Favellas in Rio de Janerio, hard and soft river defences within the UK, Global atmospheric circulation and opportunities of development in the Thar Desert. Then to round off the afternoon a 'Big Hillside Geography Quiz' was held. The students worked collaboratively on a number of different revision strategies alongside some exam questions and answers. This was an incredibly useful session as students were able to revise as part of a group alongside individual knowledge gained. A big thank you to all who were involved.


Mr Kitching



E8

- Bag
- Pen & Pencil
- Pencil case
- Ruler
- Timetable
- Calculator
- Drama / PE Kit
- Water bottle (clearly labelled)





bedrock learning

Weekly praise for our top Bedrockers!

| <u>Top for weekly points earned</u> | | <u>Top for weekly time spent on Bedrock</u> | |
|-------------------------------------|----------------|---|---------------|
| Oscar Karpiak | 7NK 133 points | Tilly Wallace | 8TH 5.7 hours |
| Brooke Shaw | 9NW 78 points | Ella Williams | 7LW 3.9 hours |
| Joshua O'Malley | 9NW 77 points | Tia Leicester | 7LJ 3.2 hours |
| | | Mr Gibaud | |

Hegarty Maths



Top pupils for this week

- | | |
|----------------------|-------------------------|
| Lili Soong | Beth Scott |
| Jessica Harrington | Rhys Deaves |
| Dayo Owonikoko | William Okoro Iwuchukwu |
| Samantha Harrington | Sauna-Leigh Edwards |
| Lily Beesley | Binah Kamber |
| Brian Leung | Mohamad Kentar |
| Lily Robinson | Peter Cass |
| Freya White | Joseph Jefferson |
| Ella Williams | Jake Binns |
| Lydia McCarthy | Brooke Shaw |
| Pakapas Hassarungsri | |

Mr Pattison

TT Rockstars

A massive well done to our TT Rockstars this week, they are:

- Jacob Williams—7SW
- Hai Ying Xue—7SW
- Tia Leicester—7LJ
- Joshua Williams—8TH
- Kimberley Hughes—8CSY
- Tilly Wallace—8TH

Safeguarding, Emotional Wellbeing and Mental Health

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

SOCIAL MEDIA & Mental Health

What trusted adults need to know

Social Media is often scrutinised as having a negative impact on children's mental health. Whilst currently there is not enough evidence or research to say whether this is true or not, there are certain 'modern pressures' connected with social media which trusted adults need to be aware of. Children and young people are constantly connected and whilst this comes with some benefits, it also comes with a feeling that you are constantly visible. This guide is designed to encourage trusted adults to think about their children's mental health and their social media activities, providing them with some useful tips on improving and supporting mental health among young people.

Five potential signs & symptoms of mental health difficulties

1. Have you noticed a change in your child's personality? They may not be acting or feeling like themselves.
2. Any recent uncharacteristic anxiety, anger, or moodiness?
3. Is your child experiencing social withdrawal and isolation?
4. Is there a sudden lack of self-care or risky behaviours?
5. Does your child have a sense of hopelessness or feel overwhelmed?

NOS
National Online Safety®
#WakeUpWednesday



Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



1. EDUCATE YOURSELF

Educate yourself about social media sites your child is using so you can really understand what they are experiencing and how this may be making them feel.

2. DISCUSS REAL-LIFE CONNECTIONS

Talk about the importance of face-to-face time with friends and family, and what enjoyment this can bring. Encourage your child to focus on their relationships with people who make them feel good about themselves.



3. SUGGEST REGULAR BREAKS FROM SOCIAL MEDIA

Encourage your child to take regular breaks from checking their social media platforms. You could suggest that they turn off their app notifications during certain times of the day so they can focus on other things.



4. ENCOURAGE OTHER HOBBIES OR INTERESTS

Spending time away from their phone and devices will offer them an opportunity to discover other interests and activities they may enjoy. This could be sports, playing a musical instrument or creative interests such as arts and crafts.



5. OFFER YOUR SUPPORT

Inappropriate and harmful content can be accessed on the internet which may impact your child's mental health. Explain to your child that not everything online is real and ensure they know that you are there to support and advise them about any worries or anxieties they may have.



HELPFUL APPS:

- Hub of Hope
- Mindshift
- Smiling Mind



OTHER SERVICES:

- Childline (0800 1111)
- Bullying UK (0808 8002222)
- Young Minds (0808 802 5544)



Sources: <https://www.centreformentalhealth.org.uk/publications/social-media-young-people-and-mental-health>, <https://www.ons.gov.uk/peoplepopulationandcommunity/wellbeing/articles/measuringnationalwellbeing/2015-10-20>, <https://www.rspsh.org.uk/uploads/assets/uploaded/62be270a-a55f-4719-ad668c2ec7a74c2a.pdf>, <https://www.psychologytoday.com/us/blog/cutting-edge-leadership/201505/5-warning-signs-mental-health-risk>