



HILLSIDE HIGH SCHOOL

WADE DEACON TRUST

Reminder—Finishing times
Wednesday 21st December

- Year 11—11:40am
- Year 10—11:55am
- Year 9—11:45am
- Year 8—11:50am
- Year 7—12:00 noon

Dear Parents/Guardians,

This week's 'Thought for the Week' is so appropriate for the week we have had in school. Our pupils supported by their families have demonstrated so much kindness to a range of good causes, Christmas Jumper Day last Friday saw them donate to the Ava White Foundation a cause close to our hearts and food for the hampers has been arriving daily. We really do appreciate how challenging this time of year is for some families, through no fault of their own, so please don't hesitate to look at the Cost of Living Support information on our website.

We are looking forward to next week, where will continue our learning in lessons combined with some lovely end of term events, including Mrs Ryan's Attendance Extravagance on Monday for all pupils who have been in school every day this week.

On Wednesday all staff and pupils are invited to wear their own clothes for a small donation to our family fund and don't forget to check the finish times for Wednesday, included in this newsletter

Amanda Ryan, Principal



Thought for the Week

Kindness is like snow—
it beautifies everything
it covers.

Kahlil Gibran

Friday 16th December 2022

December Kindness 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Spread kindness and share the December calendar with others	2 Contact someone you can't be with to see how they are	3 Offer to help someone who is facing difficulties at the moment	4 Support a charity, cause or campaign you really care about
5 Give a gift to someone who is homeless or feeling lonely	6 Leave a positive message for someone else to find	7 Give kind comments to as many people as possible today	8 Do something helpful for a friend or family member	9 Notice when you're hard on yourself or others and be kind instead	10 Listen wholeheartedly to others without judging them	11 Buy an extra item and donate it to a local food bank
12 Be generous. Feed someone with food, love or kindness today	13 See how many different people you can smile at today	14 Share a happy memory or inspiring thought with a loved one	15 Contact an elderly neighbour and brighten up their day	16 Look for something positive to say to everyone you speak to	17 Give thanks. List the kind things others have done for you	18 Ask for help and let someone else discover the joy of giving
19 Contact someone who may be alone or feeling isolated	20 Help others by giving away something that you don't need	21 Appreciate kindness and thank people who do things for you	22 Congratulate someone for an achievement that may go unnoticed	23 Choose to give or receive the gift of forgiveness	24 Bring joy to others. Share something which made you laugh	25 Treat everyone with kindness today, including yourself!
26 Get outside. Pick up litter or do something kind for nature	27 Call a relative who is far away to say hello and have a chat	28 Be kind to the planet. Eat less meat and use less energy	29 Turn off digital devices and really listen to people	30 Let someone know how much you appreciate them and why	31 Plan some new acts of kindness to do in 2023	

ACTION FOR HAPPINESS

Happier · Kinder · Together



admin@hillsidehigh.co.uk



0151 525 2630





World Cup—Lionesses

On Thursday 1st December, LCFA hosted the Sefton School girls World Cup Tournament for Year 7 and 8. All 16 schools across Sefton took part with the Year 7's playing 5-a-side and the Year 8s playing 7-a-side. Each school was given a nation to represent and Hillside were playing for Portugal.

Carrying on our strong start to the year, we are delighted to confirm that the Year 8s finished third overall, not losing a game. They beat Holy Family, St. Michael's and drew against eventual winners Chesterfield. Jasmin Isibor finishing our top goal scorer. We are very proud of their performance and are certain they will at least get to the final in the next competition. We are also extremely proud to inform you that our Year 7's won their overall competition defeating Range High, Maricourt, Maghull High and eventually beating Greenbank in the final!

We are so proud of the girls and their commitment to the sport this year. The weekly training at Activity For All, two-weekly fixtures and tournaments have all paid off for them and we cannot wait to see how they get on in the second half of the year!

Mr Ward



Weekly praise for our top Bedrockers!

Top for weekly points earned

HaiYing Xue	8SW 229 points
Kane Durkin	8LW 122 points
Hunnie Long	8NK 122 points

Top for weekly time spent on Bedrock

Tyler Cook	8NK 2h, 26m
Joel Corson	8NK 2h, 13m
Jonnie Rubio	9GW 1h, 40m

Mr Gibaud



Hillside High School Christmas Community Countdown



EVENTS

the most wonderful time of the year

- Dec 01** Christmas Market
Kick start the festive season by joining us at our annual Christmas market. Come along and grab some 2hr bus tickets, goodies, enjoy a mince pie and visit Santa's grotto from 5.30pm. There is something for the whole family!
- Dec 4** Santa Dash
Hillside staff will be taking part in the annual Santa Dash in Liverpool city centre on the 4th December to raise money for families in need. Come and support your teachers who will be running 5km dressed as Father Christmas.
- Dec 9** Xmas jumper day
Come to school in your finest Christmas jumper to help raise funds for the Ava White foundation, a charity very close to our hearts.
- Dec 14** Christmas Dinner
Enjoy a traditional Christmas dinner in Hillside's dining room.
- Dec 15** Christmas Concert
Hillside pupils perform several festive favourites in a display of talent across all year groups. Join us from 7pm to enjoy the array of performances from our wonderfully talented pupils.
- Dec 16** #Sock it to us!
In support of the Kids Cancer Charity, Hillside pupils will be invited to take part in this year's 'sock it to us'. Wear a colourful and wacky pair of socks to raise funds for this well deserving charity.
- Dec 21** Christmas celebration
Celebrate the end of term at Hillside with some festive fun.
- All Dec** Christmas Meal Appeal
The launch of Hillside's annual Christmas meal appeal. If you have any spare canned or dried goods to donate, please bring them into school before Wednesday 13th Dec.



For more information:
01515252630



Hillside Christmas Market

On Thursday 1st December, Hillside held its annual Christmas market! We wanted to do something festive that the whole school and local community could enjoy to kickstart the festive season. We supported local businesses by inviting them to come and sell their Christmas goodies at our school. There was carol singing, mince pies, Santa's grotto and a whole lot of festive fun! The evening was a huge success and we wanted to thank everyone who came and supported us! And best of all we managed to raise over £1400 towards our Christmas Hamper Appeal!

Miss Collins



Christmas Jumper Day

On Friday 9th December Hillside staff and pupils were invited to wear their finest Christmas jumpers to raise money for the Ava White Foundation, a charity very close to our hearts. Progress leaders and Mrs Ryan were on hand with the small change donations box and Mr Smith was selling wristbands. As always we were bowled over by our pupils' generosity! There were some fantastic examples of brightly coloured festive jumpers! Take a look at the pictures!



Year 11 Prom

I am delighted to inform you that our Year 11 Prom will take place at the Isla Gladstone Conservatory in Stanley Park between **7pm-11pm on Thursday 29th June 2023**. This event is a celebration of five very happy years together at school and will provide a spectacular setting to say our farewells and wish our pupils all the very best as they embark on the next exciting phase of their lives. Events organised for this year group have always been well attended and I am sure that this will be no exception.

However, I must inform you at this early stage that attendance at the prom will be dependent on:

- Good attendance, which is above 95% in the remaining two school terms (January to June, you last examination).
- Good behaviour in school.
- Good Attitude to learning (AtL)
- 100% attendance to all exams entered for.

We will take into account any medical illness and medical appointments. However, we will require medical evidence regarding these appointments during this period. This will be up to the date that the prom takes place.

As with any event organised at school, every effort will be made to ensure that this night will be one to remember. Whilst I do not wish to give too much away, I can assure you that the planning is already well under way.

Prom
NIGHT

Mrs Symes





At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

10 Ways You Can SHARE KINDNESS ONLINE

Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.

1 PRAISE WHERE IT'S DUE

Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.

2 REACH OUT

It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody a message to say 'hi', to ask if they're OK or to tell them that you're thinking of them could totally make their day.

3 RECOMMEND FUN THINGS

If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it.

4 OFFER TO HELP

Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it – if you can help, get in touch. Something that's difficult for them might be no trouble for you!

5 POST POSITIVELY

Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.

6 SHOW YOUR APPRECIATION

If somebody that you know has done something positive or shown kindness themselves, go online and thank them with a message or a post. Expressing your gratitude costs nothing and showing someone that you appreciate them will really make them feel good.

7 BE UNDERSTANDING

Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message. Sometimes people just need someone else to listen to them and understand their situation.

8 SHARE INSPIRATIONAL POSTS

When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.

9 THINK BEFORE COMMENTING

Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.

10 LIKE, LOVE AND ENGAGE

If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture but could mean a lot to them.

Meet Our Expert

Carly Page is an experienced technology journalist with more than 10 years of experience in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.

