



HILLSIDE HIGH SCHOOL

WADE DEACON TRUST

Dear Parents/Guardians,

I hope everyone had a lovely Easter break and was able to enjoy some precious time off with family and friends. It has been lovely to welcome pupils back this week and attendance has been very good, so a huge well done to everyone for returning to school, ready for what I know is going to be an action packed Summer Term.

We know attendance is the key to success of our pupils. There are going to be some slight changes to the calendar in the coming weeks (please see key dates box) I must stress that days when school is closed to some pupils should not result in pupils not returning promptly when school reopens. As always our Progress Leaders, Attendance Officers and Home Liaison Team are here to support any young person and their family who might need it, so please don't hesitate to get in touch.

Amanda Ryan, Principal

Pi Day 2023

Last term on the 14th March was Pi Day, which was also Einstein's Birthday. Mathematicians all over the world will have been doing interesting and possibly bizarre things with circles. Pupils at Hillside, in Key Stage 3, have been enjoying investigating the value and concept of Pi.

Pupils watched a video, seeing one of the 'Numberphile' group calculating Pi using actual pies. This film clip gave them the information to know what they would be measuring. The mathematician used the circumference, the distance around the outside of a circle, the diameter and the distance from one side of the circle to the other passing through the centre. When you divide the circumference by the diameter you should get a value around 3.14 or Pi.

Pupils found their calculations of Pi ranged from 2.93 up to 3.6, some average values were very good at 3.13 and 3.14. Ask your child how many digits of Pi they can recall.

Mrs Thornton

27th April—Year 8 Progress Evening (**Postponed**) & **NEU Strike**—School only open to Year 11 and a small number of invited pupils only.

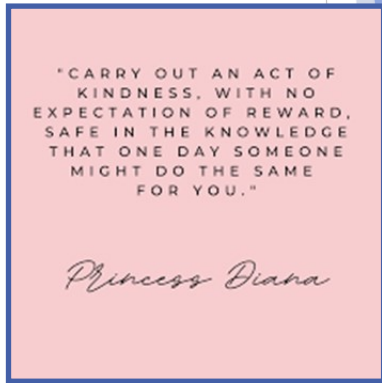
1st May—May Day Bank Holiday school **Closed** to all pupils

2nd May—**NEU Strike**—School only open to Year 11 and a small number of invited pupils only.

8th May—King's Coronation School **Closed** to all pupils

12th May— Year 9 MENACWY Immunisations

Thought for the Week



Friday 21st April 2023



My Ed School App

We are pleased to announce we have recently updated and refreshed our school App to allow us to communicate and share information with you, our parent community.

MyEd is the free app that provides you with a multitude of communication and information features to stay in touch with what is going on at school. The app provides you direct access to your child's attendance, timetable, absence records and much more. You will also be able to see that we update and change the information in the app as the school year moves along. You can go to www.myedschoolapp.com to view a short video about the app.

The MyEd App is available for both iOS and Android devices and can be found using the links below:

1. Go to your App Store
2. Search for MyEd
3. Download the app for free!




Once you have installed and opened the MyEd app, search for Hillside High School and follow the simple instructions to identify yourself.

Amazing!


Winner of the Year 9 Parent View Raffle

Prize awarded to Marron Grainger 9The

Photo taken by Year 11 Prefects

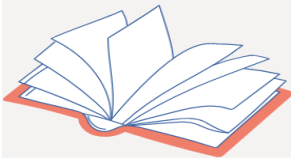





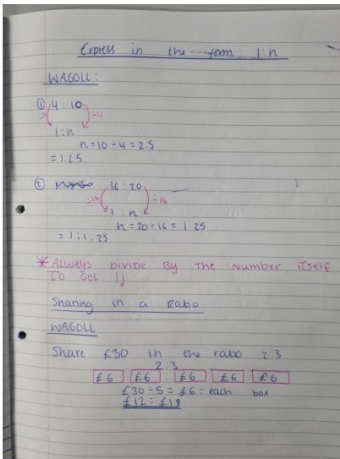
WELL DONE!

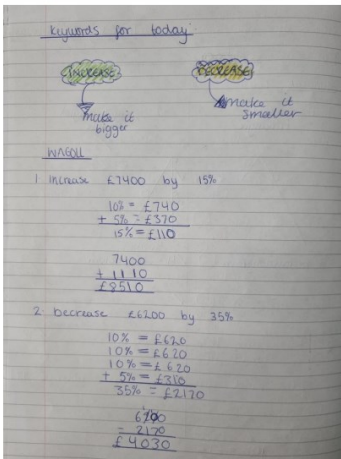


HILLSIDE HIGH SCHOOL

Learning SHOWCASE





Maths

Using the visualisers to model how work should be set out. This really helps to support the learning of all pupils and is particularly useful for our SEND learners.

GCSE Pods

Top Podders are the pupils who have streamed the most pods.

Questions Answered are the pupils who attempted the most questions.

Diamond League - are the pupils who have answered with the most accurate knowledge, the more correct responses, the more diamonds.

GCSE Pod For KS4
TOP 🏆 PODDERS
Peter C, Year 11 - 58
Tyler K, Year 11 - 57
HaiYing X, Year 8 - 53
<small>'Excellence in the Heart of the CPIC-COLLAGE</small>

GCSE Pod For KS4
DIAMOND LEAGUE
Liam B, Year 11 - 98
Dalton N, Year 11 - 65
Emmanuella A, Year 10 - 42
<small>'Excellence in the Heart of the CPIC-COLLAGE</small>

GCSE Pod For KS4
QUESTIONS ANSWERED ?
Liam B, Year 11 - 89
Dalton N, Year 11 - 56
Emmanuella A, Year 10 - 36
<small>'Excellence in the Heart of the CPIC-COLLAGE</small>

E8

Bag
Pen & Pencil
Pencil case
Ruler
Timetable
Calculator
Drama / PE Kit
Water bottle (clearly labelled)

Reminder:
Year 11 Science Trilogy Saturday
School is on 29th April
9.50am-12.45pm

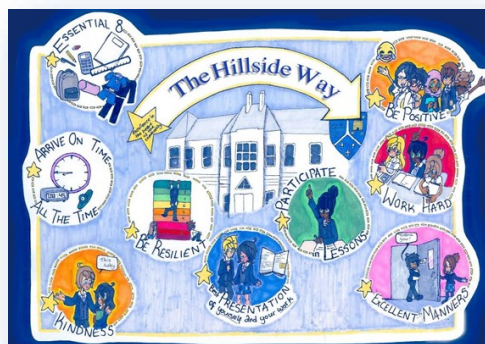
Standards and Expectations—School Uniform

Firstly, a huge thank you to all our parents/guardians and pupils who continue to look smart and wear our school uniform with pride every single day. We don't take this for granted and we still regularly receive compliments from the wider local community about how smart Hillside pupils look.

Please see below for some basic reminders regarding school uniform and our expectations.

- Girls should wear white socks or black tights
- Jewellery is not permitted including any piercings. If pupils are seen wearing jewellery the teacher will confiscate this and the item will be placed in the school safe.
- Make-up should be minimal and discreet and false eye lashes, false nails and/or nail varnish should not be worn. Pupils will be provided with wipes and nail varnish remover if they arrive in school with either.
- Blazers should be always worn on the corridors – pupils may remove blazers when working in classrooms.
- Outdoor coats or hooded jackets are not allowed to be worn in school and they should be removed as pupils enter the school building at any points during the school day. This includes after break and lunchtime.

Our uniform underpins our high expectations of pupils to follow 'The Hillside Way' and pupils should look smart, professional and ready to learn- which many do every single day.



Safeguarding, Emotional Wellbeing and Mental Health Time and how we use it!

This week in assembly I have shared with pupils something I read in Deborah James' book, 'How to live when you could be dead'. I'm sure many of you know who Deborah James is and are familiar with her campaign to raise awareness of the symptoms of bowel cancer and the need for people to pursue a swift diagnosis of this terrible illness. Deborah was diagnosed with incurable bowel cancer in 2016 and went on to host the You, Me and the Big C podcast on BBC Radio 5 Live. In 2022 she received her Damehood from Prince William, at her parent's home. This is where Deborah chose to live in her final days and where she passed away in June 2002 at the age of 40.

Her fundraising at Bowelbabe.org has raised over £11 million so far to fund research into clinical trials and research for personalised medicine for cancer patients and supporting campaigns to raise awareness of bowel cancer.

Deborah's legacy is not one of sadness but great positivity and optimism and as the title of the book suggests she has a strong sense of how we should use our time and make the most of life. The focus of assembly has been on a story Deborah tells in the book. She asks us to imagine every day someone gives you \$86,400 to spend, the only condition is that at the end of the day that money is wiped, you lose it, never getting it back and have missed your opportunity to spend it. Now of course that's not going to happen, but imagine the same for time, this does actually happen! Every day your account is credited with 86,400 seconds. What you do with that time is up to you, but one thing is for sure at the end of the day the account is wiped, the seconds are gone and you never get them back.

This has been the thing I have asked pupils to really think about, how do they use their seconds? I think most teenagers feel that time is infinite, they have an endless supply of it and it's possibly as we get older we become more aware of the passing of time. I think this makes Deborah's message even more important to our young people. They have that time every day, what they chose to do with it is up to them! The one certainty is once the days 86,400 seconds have gone they are never getting them back!

I think the best assemblies in school are those that leave our young people with something to think about and I hope this thought stays with them long after this week's assembly.

Mrs Ryan



The Bowelbabe Fund for Cancer Research UK was set up to continue the incredible legacy of Dame Deborah James.

We fund cutting-edge research into early detection and personalised medicine, raise awareness of signs and symptoms and tackle the stigmas around cancer with unflinching honesty so we can give more people affected by cancer more time with the people they love.

Active April 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24
25	26	27	28	29	30		

1 Commit to being more active this month, starting today

2 Spend as much time as possible outdoors today

3 Listen to your body and be grateful for what it can do

4 Eat healthy and natural food today and drink lots of water

5 Turn a regular activity into a playful game today

6 Do a body-scan meditation and really notice how your body feels

7 Get natural light early in the day. Dim the lights in the evening

8 Give your body a boost by laughing or making someone laugh

9 Turn your housework or chores into a fun form of exercise

10 Have a day with less screen time and more movement

11 Set yourself an exercise goal or sign up to an activity challenge

12 Move as much as possible, even if you're stuck inside

13 Make sleep a priority and go to bed in good time

14 Relax your body & mind with yoga, tai chi or meditation

15 Get active by singing today (even if you think you can't sing!)

16 Go exploring around your local area and notice new things

17 Be active outside. Dig up weeds or plant some seeds

18 Try a new online exercise, activity or dance class

19 Spend less time sitting today. Get up and move more often

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

21 Regularly pause to stretch and breathe during the day

22 Enjoy moving to your favourite music. Really go for it

23 Go out and do an errand for a loved one or neighbour

24 Get active in nature. Feed the birds or go wildlife-spotting

25 Have a 'no screens' night and take time to recharge yourself

26 Take an extra break in your day and walk outside for 15 minutes

27 Find a fun exercise to do while waiting for the kettle to boil

28 Meet a friend outside for a walk and a chat

29 Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today

ACTION FOR HAPPINESS **Happier · Kinder · Together**