



# HILLSIDE HIGH SCHOOL

WADE DEACON TRUST



Friday 8th March 2024

**Dear Parents/Guardians,**

Well what an exciting week we have had in school. We celebrated World Book Day yesterday, with lots of staff dressing up and doors around the school decorated, to name just a few of the things that took place. I can't wait to share more details in next week's newsletter, but in the meantime I thought you might like to see a photo of Dorothy and the scarecrow from The Wizard of Oz!

I love events like these because they are the memories our young people (and staff!) will remember long after they have left us.

Today is International Women's Day and again it has been wonderful to see so many activities going on in school. This is something we feel passionately about as a school. The International Women's Day website introduces the day saying....

'Imagine a gender equal world. A world free of bias, stereotypes and discrimination. A world that's diverse, equitable and inclusive. A world where difference is celebrated. Together we can forge women's equality. Collectively we can all #InspireInclusion'

I can't think of a better summary of Hillside and our beliefs around inclusion.

Happy International Women's Day to all our amazing girls and all the women who make a difference to our young people every single day!

**Amanda Ryan, Principal**



## New League Leaders topple Seaman's Heroes

Well what a second week it was for the Attendance League! A change at the top with Henderson Town toppling Seaman's Heroes, and new league leaders for Year 7 - Moore Scorers and Year 8 - Code Breakers. Wardale's Wanderer's are hanging on at the top of Year 9! Special mention to Symes Town - an excellent win sent them shooting up the table! Winning teams will be receiving 'Extra Time' at break on Friday - well done! This week's fixtures are very exciting - could there be a giant killing game with Gallagher City taking on Henderson Town - its all to play for!

*Mr Edwards*

### Attendance League Table – 4/3/24

Pos	Team	Name	Played	Won	Draw	Lost	GD +/-	Boost	Points
1	10TH	Henderson Town	2	2	0	0	9.8	6	12
2	7OM	Moore Scorers	2	2	0	0	13.5	4	10
3	7EB/SL	Bell City	2	2	0	0	11.8	4	10
4	10THE	Henesy City	2	2	0	0	6.9	3	9
5	7CH	Halsall United	2	2	0	0	4.8	3	9
6	10RS	Seaman's Heroes	2	1	0	1	7.6	5	8
7	8SC	Code Breakers	2	2	0	0	6.5	0	6
8	8MC	Cosgrove United	2	1	0	1	5	3	6
9	8RA	Ashraf's Rovers	2	1	0	1	8.1	2	5
10	9SW	Wardale Wanderers	2	1	1	0	4.5	1	5
11	7KBH	Higgins' Heroes	2	1	0	1	0.4	1	4
12	10CSY	Symes Town	2	1	0	1	-1.5	1	4
13	7SAC	Clarke's Sharks	2	1	0	1	-7.7	1	4
14	8DH	Haygarth City	2	0	1	1	-2.1	1	2
15	7JR	Rice Rovers	2	0	0	2	-6.2	1	1
16	10GW	Wright Unite	2	0	0	2	-9.7	1	1
17	8AWE	Wellington Town	2	0	0	2	-8.7	0	0
18	9LG	Gallagher City	2	0	0	2	-12.3	0	0
19	9LB	Brown United	2	0	0	2	-13.1	0	0
20	9NK	Kitching Rovers	2	0	0	2	-16.6	0	0

Points  
Win = 3 Points  
Draw = 1 Point  
Lose = 0 Points

Weekly Boost  
Attendance above:  
90% - 1 point  
93% - 2 points  
96% - 3 points

### Fixtures – Week beginning 4/3/24

Brown United	9LB	V	10RS	Seaman's Heroes
Symes Town	10CSY	V	7SAC	Clarke's Sharks
Henesy City	10THE	V	8RA	Ashraf's Rovers
Higgins' Heroes	7KBH	V	8SC	Code Breakers
Wardale Wanderers	9SW	V	8MC	Cosgrove United
Halsall United	7CH	V	7EB	Bell City
Wellington Town	8AWE	V	8DH	Haygarth City
Kitching Rovers	9NK	V	7JR	Rice Rovers
Wright Unite	10GW	V	7OM	Moore Scorers
Henderson Town	10TH	V	9LG	Gallagher City

**Good Luck!**

### Year League Leaders 23/2/24

Year 7	7OM – Moore Scorers
Year 8	8SC – Code Breakers
Year 9	9SW – Wardale's Wanderers
Year 10	10TH – Henderson Town

I am delighted to share our published report from Ofsted with you. This is now live on our website for staff and parents to access. The link is here: [Hillside High School - Hillside is a Good School!](https://www.hillsidehigh.co.uk)



[admin@hillsidehigh.co.uk](mailto:admin@hillsidehigh.co.uk)



0151 525 2630



# 'Meet the Team'

Mr Timmons has been teaching at Hillside for 6 years. He is part of the maths department and also a form tutor for Year 11. This week it's his turn to answer some of the questions posed by our pupils.

**Previous job(s):** Plasterer, labourer, store assistant at ASDA, various call centres (Vodafone, Orange, DWP), there's been lots!

**Hobbies/interests:** Chess, poker and playing the guitar, especially a bit of Pink Floyd.

**Pets:** None

**Favourite food:** Wagu steak (Medium rare)

**Likes:** People with impeccable manners

**Dislikes:** Public Transport

**Favourite movie:** Groundhog day, Bill Murray is great

**Favourite destination or last holiday you went on:** India is my favourite

**If not a teacher what job would you do?** On the tools, working as a trades person.

**Person you'd most like to meet and why:** Jurgen Klopp, for a big hug!

**What was your favourite subject when you were at school?** Maths and woodwork (Design Tech)

**Favourite colour:** Purple

**Coca-Cola or Pepsi:** Pepsi

**McDonalds or KFC:** None. Both are poison!

**If you could have a superpower what would it be?** Teleportation

**Last book read:** Matilda

**Liverpool or Everton?** Liverpool

**Favourite superhero:** Omni man

**Would you rather have water that tastes like your favourite drink or**

**vegetables that taste like your favourite dessert?** Water that tastes like Vimto!

**Most embarrassing moment:** Too many to mention, just let them go and move on. This is the only way.

**Favourite chocolate bar:** Tony's salted caramel

**Favourite crisp or snack:** Tyrrells cheese and onion

**Best birthday present you received when you were younger:** A catapult

**Strangest thing you've ever eaten:** I've had a few 'suspect' curries in my time! Especially on my travels.

**Red or brown sauce on a sausage sandwich:** Red

**Most random item in your desk drawer:** A microphone!

**What would be your specialist subject on mastermind?** Bad jokes. Ask me to tell you one!

**An interesting fact most people would not know about you:** I love wild camping in the middle of nowhere!



Mr Timmons



## Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

TUESDAY



5 Bring to mind people you care about and send love to them

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

THURSDAY



7 Take three calm breaths at regular intervals during your day

FRIDAY

1 Set an intention to live with awareness and kindness

SATURDAY

2 Notice three things you find beautiful in the outside world

SUNDAY

3 Start today by appreciating your body and that you're alive

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today [dayofhappiness.net](http://dayofhappiness.net)

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life

## Key Dates 2024

11th March—Year 8 HPV Immunisations

14th March— British Science Week Community Event

21st March—Year 9 Progress Evening & Options Event—4:15pm-6:45pm

18th April—Year 8 Progress Evening

# Team Around The School

Team Around the School (TAS) is a project aimed at providing support to families to make sure that they receive help and support they may need at earliest point. We know that at times, families need help and support and that's ok.

The Team Around the School (TAS) can support you with concerns about:

- Family routines, child development, attendance, sleep
- Health concerns
- Speech and language
- Money worries
- Emotional health and wellbeing
- Managing behaviour and setting boundaries
- Drug or alcohol misuse
- Parenting
- Housing issues

The team is made up of a number of professionals who will come together to support you and your family. You can access support as a 'one off' or you may require some longer term help with the issues you are facing.

The core team working collaboratively with the school also have access to a huge number of colleagues from supporting teams who they can contact for varied support.

## Accessing Support

You can access support in one of two ways through our drop ins or through contacting your child's Progress Leader, Attendance Team or the school's Home Liaison Team via the school office or emailing [safeguarding@hillsidehigh.co.uk](mailto:safeguarding@hillsidehigh.co.uk).

## TAS Drop-ins

TAS drop-ins take place on the dates below between 9am & 11am.

Please come to reception and ask to speak to Ellie or Yvonne from the TAS Team..

## Drop-in Dates 2024

- Monday 11th March 2024 9am - 11am
- Monday 15th April 2024 9am - 11am
- Monday 20th May 2024 9am - 11am
- Monday 24th June 2024 9am - 11am
- Monday 08th July 2024 9am - 11am

**Team Around the School Pilot  
South Sefton**

Mental Health Support

Early Help Worker

Social Worker

Springwell Park

School Nurse

Inclusion consultant (SEND)

We are delighted to let you know that our school is part of the South Sefton Team Around the School Pilot. Our school community now has a team who will work together to find solutions and provide support, to enable our children, young people and families to reach their full potential.

Part of the team will be based at our school one day a week. Please make them feel welcome and say hello when you see them around school.

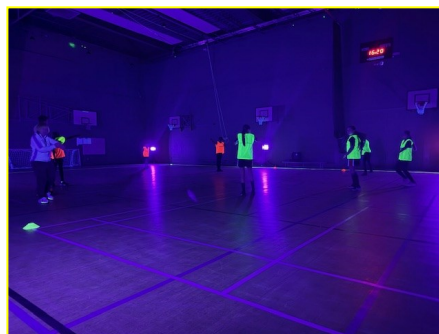
Together we can do great things!

*Mrs Jones*

# Rugby Glow Event

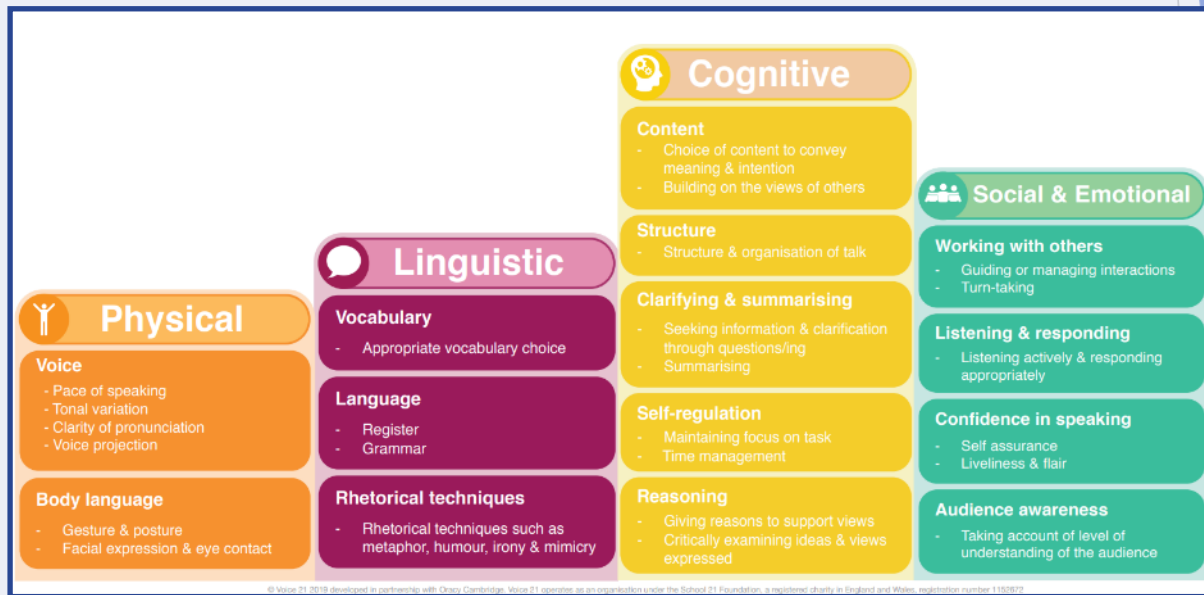
A group of Year 7 girls experienced a rugby "Glow in the dark" game last Tuesday at Litherland High School. This was an amazing experience for our pupils who had never played rugby before but had the opportunity to learn new skills and play in the dark using fluorescent bibs under UV lights. Four of our sports leaders also attended the event to support the girls and also had a go themselves!!

*Mrs Austin*



# Safeguarding, Emotional Wellbeing and Mental Health Oracy and Communication

The focus of this week's assemblies has been Oracy and Communication. We have spoken to pupils about the importance of their communication skills and why they need them to get the best out of their lives; improving relationships; interviews for colleges/universities and jobs; learning. We discussed the key categories and how each aspect can enable them to communicate more effectively:



Our aim is to establish learning environments that demonstrate that pupils are confident communicators. We have shared with the pupils the key success criteria that staff would like to see in classroom, these include turn taking, positive body language, making eye contact, speaking with a clear voice, active listening and showing respect. This has been linked with the school's STAR expectations in lessons. Pupils have been reminded of these expectations and the importance of adhering to them during school.



Finally, we reminded the pupils about the importance of listening and showing empathy when it is needed. We hope that you notice the development of these skills at home!

- To think about;
- How can we follow 'STAR' in all our lessons?
  - What might we find challenging?
  - Can we use 'STAR' in our everyday conversations?
  - Why is STAR important?

Miss O'Hara